

# NORTHERN KENTUCKY AREA EXTENSION HOMEMAKERS PRESIDENT'S REPORTS 2019-2020

Patsy Fields Kinman, Area President

The Northern Kentucky Area is made up of 8 counties including Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen and Pendleton.

The attached reports shows how each county handled the Covid-19 pandemic and how they further homemakers in their community.

## BOONE COUNTY – PRESIDENT'S REPORT 2019-2020

August started off with the fair and we had many entrees this year. Deb Stidham was the winner of the Martha Marcum award for teaching the most classes and the sweepstakes Award for the most ribbons won! Congrats Deb!

We had big turn out for the Cultural arts on August 27th. We had an open house and a viewing of all the wonderful entries. All the groups set up tables and talked about the groups to potential new members.

September was our 4th annual quilt show to raise money for the Mary lutes scholarship.

October we had our craft fair raising money for breast cancer where all the money we raised went to chicks and chucks foundation. October also being world food month we collected food to give to several local food pantries and the women's crisis center.

December through February the Boone county homemakers gave several hundred coats to hope ministries. We donated socks, scarves and gloves to other shelters and schools. January we donated food, blankets, towels, toys and leashes for the Boone county animal shelter.

March we gave 25 activity blankets to the bluegrass care hospice. The Bridgepoint center and Erlanger Baptist Village nursing home received wraps, lap quilts, fidget mats, walker bags, adult bibs and wraps for angel wings. April through September covid kept all of us busy at home cooking, cleaning closets, making masks, logging on to zoom meeting and a lot of praying that everyone stays healthy.

## CAMPBELL COUNTY 2019-2020

### PRESIDENT'S ANNUAL REPORT

The new Campbell County Homemaker's year began with a lot of excitement and enthusiasm after the Kentucky Homemaker's state meeting. The Campbell County members who attended came home with new ideas and information that the council member could share and work together to plan for the coming year. We started the year with the goal of having a great Campbell County Homemaker year but to complete that goal, we as well as the rest of Kentucky and the nation have had to make adjustments and changes in the way we accomplish that goal. As an organization, we can be adaptable and meet these new challenges. Our programs and classes have had to be approached differently but we are still providing our members with great information and resources.

The county launched two new clubs "Lunch and Learn" and "Lunch Bunch" which were proving successful. Some of the classes we offered in 2019-2020 for "Lunch and Learn" were a Multi-Cooker Class, Making Cards with Fabric, The Art of Quilling, Crafting a Snowman from a wine bottle, and a Polymer Clay Class. All the classes were popular with our county members and with area homemakers.

"Lunch Bunch" started by Pam Fields was to add both a social and learning component. The group met monthly at a different restaurant representing a different cultural and international theme. Pam Fields taught a short lesson on each culture and shared written information as well as recipes of that culture. Everyone enjoyed learning about different cultures and countries as well as having a great dining experience. Restaurants that were visited were Greek, Italian, Mexican, Thai, Chinese, German and Korean. Hopefully this club can also be resumed as well as "Lunch and Learn".

One of the projects we had during the 2019-2020 year was our "Community Service Day". The program was a part of our Family and Individual Development Program of Work combined with the 4-H program to work in partnership and provide a service to the community as well as our homemakers having the opportunity to mentor youth. Working together, homemakers and 4-H'ers made 24 fidget boards that were given to three different nursing and retirement homes in our county. Everyone who participated expressed what a wonderful day and experience we had working together for our community.

Another program in which homemakers formed a partnership with a community organization was our Veteran' project. We joined with a local Boy Scouts of America organization to fill 200 Christmas boxes for veterans. Our part was to collect socks and Christmas Cards, and we met that goal by collecting 242 pairs of sock and 200 Christmas cards. The boxes were distributed by the local Boy Scout group to our veterans.

Campbell County Homemakers celebrated Kentucky State Homemakers Week by starting the week with a breakfast brunch for the staff at our county extension office. Tuesday was be kind to others day and Wednesday was be kind to yourself day. On Thursday and Friday, a group of our homemakers set up tables at a couple local stores to hand out literature and favors from our county homemakers. The days were successful in that we had an opportunity to talk to people and get the information out about our wonderful homemakers program.

I am proud to say these were just a few of the many things that were happening in Campbell County. As a county, we also did so much more within our county and our clubs. Some of our activities other than regularly scheduled events include:

- Awarding two five hundred dollar scholarship to two Campbell County seniors
- Made bears for the military lounge at the CVG airport
- Donate \$150 to 4-H
- Donated to charities via local clubs
- 7 of our members volunteered at Grant County to make centerpieces for the Triennial meeting.
- Had two "Ladies Just Wanna have Fun" fundraisers
- Won multiple Cultural Arts blue ribbons
- Field trip to Lavender Hills of Kentucky

As everyone experienced, even with all our many successful programs and activities, our year got cut short due to the Covid-19 Pandemic. We had to cancel many outstanding events and programs, but we as the Campbell County Homemakers Club will continue to do whatever we can to keep our club active and relevant.

Betty Duvall, Campbell County President



CARROLL COUNTY HOMEMAKERS  
President's Report  
2019-2020

The Carroll County Homemakers worked with 4-H Youth, gave scholarships and assisted in 4-H demonstrations and speeches.

They implemented water savings practices and adopted new landscape practices, preserved fruit and vegetables and participated in an Adopt-A-Highway.

Members had annual physical/checkups, mammograms and ovarian cancer screening.

Donated food to the local food bank and gave to children in the local "backpack for hunger".

They presented programs on managing holiday expense, shopping at yard sales and local consignment shops to save money and implemented strategies to downsize their homes and evaluated their health insurance needs.

Presented a program on Kuwait and held a luncheon with a speaker who had lived in Kuwait.

To further leadership in their county, they held a leadership for county officer, chairmen and donated a total of 1454 volunteer hours to extension and their programs.

They read books to children and started healthy outdoor activities, attended the Embracing Aging Service and Self Care for Family Caregivers Program.

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GALLATIN COUNTY HOMEMAKER  
PRESIDENT'S REPORT  
2019-2020

The Gallatin County Extension Homemakers have been practicing Healthy at Home guidelines the past several months in 2020. While we miss seeing our fellow members, we have found the new virtual classes to be fun and interesting. In October, several of our clubs have begun to meet in person again suing social distancing guidelines such as wearing masks and boxed lunch food options. Our traditional clubs include the Cross County, Back to Basics, Napoleon and pine Ridge Clubs. We have a new special interest group the Embroidery club that will meet in November. They join the other special interest clubs, our quilt and scrapbooking group.

We hope for a quiet and healthy 2021!

Tina Wehrle

Gallatin County Extension Homemaker President

Grant County  
President's Report for July 1, 2019 – June 30, 2020

Grant County once again, started off 2019 with preparing the buildings at the fairgrounds. We checked in exhibits, assisted judges, displayed items and helped safeguard the buildings during fair week. Our county had 159 entries this year.

There were canning classes in August and September. There was an Insta-Pot class in November. We also helped with Recipe for Life in the fall and spring.

Some of our Grant County Ladies compiled the census quilt that had a block from every county in Kentucky. The quilt traveled around to various locations through the year.

We had our annual Kick-Off on August 22, 2019. The theme was "What's the Point?" There were Crochet and Scrapbooking classes as well as painting through the year. We had a booth to promote homemakers at the Senior Bash held at the Ark Encounter on September 26, 2019. Some of our ladies attended the National Volunteer Outreach Network meeting in Arizona during July.

Approximately 16 ladies went to the Markey Cancer Center in Lexington in September 2019 for Ovarian Cancer Screening.

Several attended the Mystery Dinner – The Uninvited Guest on September 10, 2019. We also participated in the Northern Kentucky Area Triennial Meeting with the theme "The Sun Shines Bright" on October 10, 2019. Some also attended the Simplify Your Life to be more relaxed and productive in January 2020.

Mayor Greg Brockman of Dry Ridge issued a proclamation to help us kick off Kentucky Extension Homemaker Week - October 13-19, 2019, homemakers were enrolled at a booth at Wal-Mart, and banners were hung in the various communities. The wrap up to KEHA Week was a tea On October 19<sup>th</sup>, 2019.

We had a fall skills day on August 24<sup>th</sup>, 2019 and we held a County Leadership Training for officers and chairmen following our council meeting in October.

We provided lunches to the poll workers during the election on November 5, 2019. We also participated in helping to display flags at the road entrance to the Kentucky Veterans Cemetery North when there was a veteran's funeral. Some also made brownies for the Ending Well Series held on various days during September, October and November.

Our Shopper's Showcase was held on November 2<sup>nd</sup>, 2019 and the Grant County Holiday Panorama was held on November 12, 2019.

In November we took a trip to The Castle in Versailles, Ky. Several went on the area trip in December to the Derby Dinner Playhouse to see "Elf", Schimpff's Candy Store and Lights Under Louisville. We also went to Rookwood Pottery in February 2020.

One of our ladies was accepted and attended the Leadership Academy that was held during March 2020.

The fundraisers during the year included the monthly catering for the Grant County Chamber of Commerce Breakfast and some reflective signs were sold.

A high school scholarship and a college scholarship in the amount of \$750 each were given in the spring of 2020.

We had several things scheduled for the rest of the homemaker year, but Covid19 halted plans for the rest of our year. We did enrich ourselves by learning how to do some virtual sessions with Zoom.

Respectfully submitted,

Judy Jackson, Grant County Homemaker President



# KENTON

President's Report 2019-2020

Maryloretto Resing

Members were able to judge 4H projects for the in house Extension "Fair"

We have nine (9) Certified Master Clothing Volunteers in Kenton County . They also assist in judging of 4-H "Fair" entries

For our Kick off we had Grab and Go bags for members with kick off membership material.

We had a Girls' Day Out in the Fall to raise funds for five scholarships of \$500 each

We did a compilation of completed projects on our website (Photo: Show & Tell)

Spring---- Kenton County Homemakers made their follow up visit as a county group to the Ovarian Cancer Screening Center.

Homemaker spirit week in June

Kenton County Homemakers collected and contributed many items for the less fortunate. Currently they are collecting medicine bottles, bags, gloves, undergarments, cereal and condiments to distribute in Kenton County. We also have been collecting items needed by our veterans.

We just celebrated our KEHA week in October. The daily goals achieved by our members were put on our website to share. From creating projects, explaining why they chose to be members, sharing their favorite volunteer activity and lesson, as well as their favorite nutritious foods we were busy!

Zoom meetings brought many wonderful lessons into our homes. We had:

Food preparation, freezing, canning, drying and food processing.

Vegetables the Jewels of Health & Discovering Alternative Meat

Kitchen Inspection- would yours pass

One Pan Meals- Freezing, Bowls & Food Processor

Mental Health Issues, Addiction, Memory Banking, Laughter

Preparing for Holidays and Spending, Planning a Digital Estate

Gardening for butterflies and bees. Edible plants, various grasses and perennials

What a unique year it has been. It challenged us and helped us learn many things.

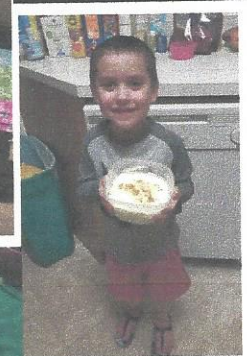
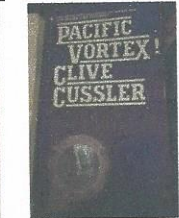
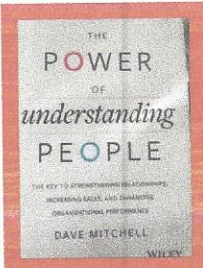
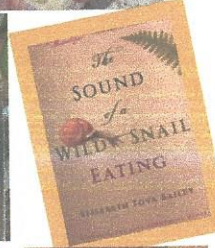
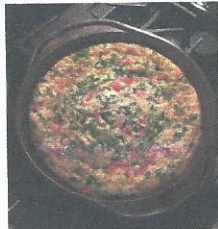
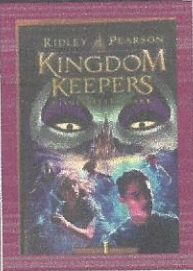
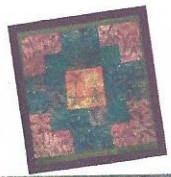
1. How much our families meant to us
2. What the important things are in our lives
3. What we can do without
4. The money we can save if we order the items and pick them up while never entering the store.
5. Restaurant parking lots with a drive-thru lunch can be a big event
6. Our church community can reach us through our computers for services
7. If you are creative life is never boring
8. You see more of your neighbors while walking than ever before
9. Front lawns and front porches are conservation stations
10. The telephone with its camera can bring visitors into your home
11. Your extension office can zoom their lessons to you
12. UPS, Fed Ex and Amazon Prime are daily visitors in the neighborhood
13. Children can go to school on line
14. Mommies and Daddies can work on line
15. We have become efficient at the various methods of contact, texting, sending pictures in texting and emails, skyping and zooming.

Life is not boring just an ever changing opportunity..



# Kenton County Homemakers Have Spirit!

## KEHA SPIRIT WEEK, May 2020



**Congratulations to Elizabeth Drees for winning our spirit drawing!!**



**Owen County President's Report**  
**Submitted by: Debbie Primeau**  
**Owen County Extension Homemaker Activities for 2019-2020**

Owen County Extension Homemakers work with all other extension programs. We also work together with a variety of programs within our community. We have 173 members. With all of the restrictions of COVID-19, Owen County Homemakers was put on hold for many events.

Many hours are spent by volunteering to accomplish programs within our community:

- "Recipes for Life"- Maurice Bowling Middle School 5<sup>th</sup> graders participated in this in October 2019 with 150 students. We had 35 students each day for a week. They attended different stations learning about nutrition, knife skills, cooking skills and hand washing.
- Scrappin' for the Community-was also held in October 2019 with 65 participants. They raised \$2,000 and did a food drive for different organizations in the county.
- Holiday Trimmings-November 2019 with a great attendance. Volunteers helped with preparing and serving the food to taste.
- Santa's Castle-members purchased or bought gifts for the children to buy gifts for family members. We had over 300 children in attendance with making over \$800. This was held in December 2019.
- The Owen County Homemakers Association purchased clothing for 3 children in need in Owen County through the Owen County Christmas Project.
- We had 10 members participate in the Derby Dinner Play "Elf" trip.
- Started helping 4-H sewers with projects, program cancelled due to the COVID-19 virus.
- We had several of our homemakers make face mask to send to the UK hospital to give to doctors, nurses, and other staff.
- Kelsey Davis, Owen County Homemaker member and Owen Co. High School Senior received the Martha Lee Stamper College Scholarship. She is attending the University of Kentucky.
- Held a Drive By Retirement Celebration for FCS Agent Judy Hetterman, after 40 plus years devoted to Family & Consumer Sciences.

Owen County Extension Homemakers were ready and eager to participate in programs as a participant or volunteers before COVID-19 .

- Sewing Expo-April 14-15<sup>th</sup> in Boone County-cancelled
- Adulting Day for the Owen County Highs School Senior class, May 15<sup>th</sup>. We were to prepare and serve meals.
- 4-H Sewing
- KEHA State Meeting, April 21-23
- Owen County 4-H Fair & Horse Show, July 2020

## **2019 PRESIDENT REPORT**

I just began my second journey as President of Pendleton County Homemakers and now I still find it to be as exciting as when I began. It has given me the opportunity to become more involved with the needs of our community and I enjoyed every minute. Thank you for the most unusual adventure of my life and this past year has really been unique. Don't quit, we are all in this together and this too shall pass!!

### **Things we have done this 2019-2020 year!!!**

- September..... 69th Annual Meeting  
Ewenique Art Walk  
Knowing Your Treasure  
Pendleton Hills..... Sippin'-N- Succulents  
Dragonboat Festival
- October..... Northern Ky Area Triennial Meeting....  
Woolfest  
All Council and CEC Dinner  
Pendleton Hills .... Pumpkin Possibilities
- November..... Holiday Open House/ Homemaker Recruitment/Make and Take  
Winter Wonderland Craft Fair  
Pendleton Hills ... 'Gourd-geous' Art  
Sharp Middle School Lunch Outreach  
Hanging Greens Basket
- December..... Pendleton Hills ... Cookie Compendium  
Kirsch Family Live Nativity  
Flower Buds
- January..... Inst Pot Cooking Class  
Making Healthy Lifestyle Choices/2020 Fitness Challenge  
Truth or Consequences  
Pendleton Hills ... Pressure Cooking Pointers
- February..... CommunityAction/Turner Ridge free ommunity dinner/ 250 Cupcakes  
Multi-Cooker Class @ Gallatin County  
Making Healthy Lifestyle Choices  
Pendleton Hills ... Cake Artistry
- March..... Farm Dinner Theatre  
Multi-Cooker Class @Bracken County  
Recipe for Life



International Dinner/ China/ Canceled due to Covid 19  
Pendleton Hills ... Easter Best  
800 Goody Bags

April..... Exploring Healthcare As You Age  
Plant Based Meat  
Community Baby Shower  
Homemaker Scholarship Awards given at PCHS  
Pendleton Hills ... Burlap & Brews

May..... Homemaker Scholarship awards given at PCHS  
Childhood Carnival  
Spirit Week

June..... Farmer's Market

July..... Pendleton County Youth Fair

August..... Healthy Pizza Crust

### **Lessons for 2018-2019**

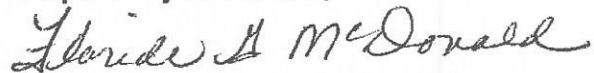
Basics for Handling Food Safety  
Foodborne Illness: What Consumers Need to Know  
Cleanliness Helps Prevent Foodborne Illness  
Kitchen Thermometers  
Leftovers and Food Safety  
Food Product Dating  
Slow Cookers and Food Safety  
Backyard Butterflies

### **Some Additional Activities**

State Meeting Knit and Crochet Project  
Early Childhood Carnival  
Quilts for VA Hospital Hospice Unit/Cincinnati  
Collected supplies for VA Hospital/ Ft. Thomas/ Veteran and veteran Homeless  
Kincaid Regional Theatre  
Fish Fry  
Hospital visits  
Taught Sunday School/ VBS  
Relay for Life  
Babysit grandchildren  
Made quilt for grandchild  
Backpack program for children  
Read to children

Donate to food pantries  
Trash pickup along roads/ Adopt a Highway  
Yardsale for 4-H  
4 H Garden Club  
Cloverbuds  
Flower Buds  
Preserved food  
Sewing Expo  
Fair Board/ Floral Hall  
Crafts made for rest homes  
Christmas caroling at rest homes.  
Quilt Squares for State Meeting  
8" Crochet or Knitted Squares for State meeting  
Christmas Baskets for Shut ins  
Ark Trip  
Fidget Boards  
Tasty Tuesday  
Koffee w/ Kenna  
Knife Skills

Respectfully submitted,

A handwritten signature in cursive script that reads "Flo McDonald".

Flo McDonald, President Pendleton County Homemakers .... 2019-2020