

The Lake Cumberland Area Extension Homemakers Association is comprised of ten counties:

Adair	McCreary
Casey	Pulaski
Clinton	Russell
Cumberland	Taylor
Green	Wayne

The 2019-2020 Homemakers year for the Lake Cumberland Area ended with 1159 members. Even though there were five fewer members than the previous year, four of our counties, Clinton, Green, McCreary and Taylor, reported increases in their membership. Two of those counties, Clinton and Taylor, received recognition by KEHA respectively for 3rd place for the largest percentage increase in membership at 43% and 2nd place for the largest increase in membership.

The year was kicked-off with “End of Summer Picnic” leadership training for the Lake Cumberland Area officer, chairmen, county presidents and agents. The Area Council members shared overviews of the roles and responsibilities, job descriptions and guidance to help the leaders perform their jobs was shared, and of course, a picnic supper was enjoyed. Everyone agreed that it was a great way to brainstorm with other leaders.

The Area awarded \$120 mini grants/scholarships to members to use toward projects that benefit their communities. A report of the results of the projects were to have been shared at the Area Annual Meeting; however, that is delayed due to COVID-19 with the reports from the previous year until the next meeting.

The Lake Cumberland Area Homemakers received the KEHA State Award for Community Volunteerism Award, 3rd place award in the Leadership Development Program of Work for the No-Sew Blanket for The Cancer Center project in Taylor County.

Representatives from our counties helped with the plans for the 2020 KEHA State Meeting, with each county making and providing 600 favors each for the meeting. Several members planned craft workshops for the meeting.

The Lake Cumberland Area also had three leaders attend the KEHA Leadership Academy.

Following are activities provided by each county highlighting specific accomplishments and activities during the 2018-2019 Homemaker year.

Cyndy Humble, President
Lake Cumberland Area Homemakers

Debbie Messenger, FCS Agent/Advisor
Cumberland County Extension Service

ADAIR COUNTY

- Monthly meetings and HM training ongoing,
- Participated in Downtown Days in Columbia by making a “Square Crow” to represent Adair County Homemakers. Also had a booth and recruited new members and sold pecans for our fundraiser.
- Holiday Bazaar - sold baked goods and homemade crafts - individual clubs and mailbox members participated. We also recruited new members.
- Provided funds for children to make butter at Plow Days at Homeplace on Green River
- Individual clubs made trips to dinner theaters, consignment shopping, concerts and other events.
- Our county annual meeting was a celebration of the 70th Anniversary of the Adair County Extension Homemakers.
- The Bliss Club was the first organized club in Adair County.
- We invited daughters and family members of those first members to our meeting,
- They spoke to us about their memories of their mothers and what homemakers meant to them. We had approximately 50 people in attendance at the meeting,
- We partnered with the Garden Club and made fresh Christmas wreaths.
- We gave two \$500 scholarships for Adair County students. This scholarship is in honor of Sue Stivers a former agent for our county,
- We partnered with the Garden Club in doing The Great American Bird Count and to make bluebird houses.
- Homemakers and other volunteers made 600 coasters to be put in goodie bags for our state annual meeting.
- The County Judge Executive issued a proclamation for KEHA week.

Sharon Harris, President
Adair County Homemakers

CASEY COUNTY

Community Service

- Collected hygiene items for local Middle & High School students for Project Scrub-a-Dub-Dub
- Donated orange juice for Blood Drive
- Collected items for local spay and neuter clinic
- Collected items for local food pantry
- Assisted FSC Agent and Helping Hands with programs at Local Adult Day care, Head Start & Kindergarten

Community Events

- Prepared and served the Hero's Breakfast for all our local heroes
- Hosted an Addiction Awareness training
- Assisted FSC Agent and others at the Extension Expo
- Hosted a welcome breakfast for new ANR agent
- Helped at the library annex July-November

Education and Leadership

- Offered Asian Inspired cooking classes
- Distributed nutritional information at the Health Fair
- Volunteered to teach and assist FSC Agent with programs
- Offered eight Food Matters training sessions

Other

- Celebrated quarterly birthday celebrations for Homemakers as part of the Celebrate Us project
- Hosted a Celebration of Life in memory of Joan Georgick, Casey County Homemakers President
- Hosted Fall into Christmas gift shopping
- Awarded two high school Scholarship
- Hosted Taylor County in the KEHA Explore Kentucky Passport Program to visit our local Amish Community

Lisa Peek
Casey County Homemakers

Meagan Klee, 4-H Youth Development Agent
Casey County Extension Service

CLINTON COUNTY

- After beginning the year with a Meet & Greet event complete with program planning for the new year, members felt like county wide events for all was the best approach for the year.
- One of the most rewarding things to note for our Homemakers this year was an increase in membership. Clinton County received KEHA recognition 3rd place highest percentage increase in membership at 43%.
- This year members have been involved in programs such as International Day activities at the Somerset Community College Clinton Center, sponsored a Soup & Social to recruit new members, made capes for the Center for Courageous Kids, and continued to support monthly enrichment programs at the local nursing home.
- Green County Homemakers taught our members how to start the recycled sleeping mat project as well but due to COVID-19 it just hasn't taken off yet.
- Certainly COVID-19 impacted the number of programs and events members implemented this year. Our members were not comfortable with technology such as Zoom meetings, but continued to participate in Facebook Live events and Watch Parties. Flexibility and adaptation were key for us just like many others.

Nancy Mims, President
Clinton County Homemakers

Christy Nuetzman, FCS Agent
Clinton County Extension Service

CUMBERLAND COUNTY

- Homemade Bears and Blankets donated to the Lake Cumberland Advocacy Center, local hospital and police station
- 16 Veterans Quilts made and presented during Veterans Day Program
- Four families sponsored for summer feeding outreach and 1,285 food items donated
- Handicapped Swing purchased and donated to local park
- Food Blessing Box constructed and placed at senior apartments and filled with non-perishable food items weekly
- Hosted breast cancer luncheon for survivors
- Won 22 blue ribbons and 1 purple at KEHA State Cultural Arts competition
- Four \$400 College Scholarships to local seniors
- Two \$500 College Scholarships to local seniors
- Quilt made and donated to Center for Courageous Kids
- Sponsored Homemaker Membership/Dues for 20+ Nursing Home Residents
- Hosted Christmas Village for 20 local children to purchase gifts for parents/grandparents
- Hosted Pink Madness for Breast Cancer Awareness Month
- Adopted 15 angels from the Angel Tree for Christmas
- Provided Care Packages for Homeless Shelter
- Christmas Caroling at local Nursing Home
- Participated in Socks for Soles for Homeless in Nashville
- Purchased and Donated 20 canned hams for food pantry
- PRIDE Clean-Up
- Homemade Valentine Cards for Local Nursing Home
- Provided Snacks and Juice for Community Health Fair
- Donation to Fresh Prescription Program for local Farmers Mkt
- Donated basket of supplies to local VFW
- Donations to Ronald McDonald House
- Made and donated Sunshine Baskets for 4 local homebound residents

Kim Lohr, President
Cumberland County Homemakers

Debbie Messenger, FCS Agent
Cumberland County Extension Service

GREEN COUNTY

- Began the year with a Kick-Off Event and meal with the theme "Shake Rattle n' Roll"
- Hosted our Annual Green County Homemakers Holiday Bazaar with 33 booths and a lunch cafe' as a community service project for local vendors and the local public
- Prepared and donated food for the Red Cross Blood Drive and some members donated blood
- Provided gifts for the Christmas Angel Tree Project for the Family Resource Center and Elementary School
- Worked on the raised flower bed for the local nursing home
- Donated funds to the High School for Project Graduation activities
- Made several monetary donations and collected many food items throughout the year to donate to the local Food Pantry, and some members worked as volunteers at the Food Pantry all year
- Had sewing events and made over 100 pillow cases and several blankets for the local nursing home residents
- Attended food preservation workshops, Lesson Leader Trainings, Cooking From the Calendar, the Couch Potato Group, Weekly Extension To Go Bags, Explore Kentucky Passport Challenge trips around Kentucky, as well as other events of FCS and Extension throughout the year
- Worked on the Annual KEHA State Meeting committee and made over 600 little prayer pillows for the State Meeting
- Made hundreds of fabric face masks for the schools and community
- Made blankets, quilts, bibs, crocheted animals and baby items for the Community Baby Shower
- Made Samaritan Purse shoeboxes for International missions and filled backpacks for Christmas for children across Kentucky and Ohio
- Had potlucks, cookie exchanges, worked on club scrapbooks and made crafts and Christmas decorations together
- Sent a representative to the KEHA Leadership Academy
- Made chemo/cancer caps, prayer shawls, and scarves for Indian Reservations, as well as quilts for Hospice, mats for the homeless and other items for community projects

Christy Frazier, President
Green County Homemakers

Jordan Crain, FCS Agent
Green County Extension Service

MCCREARY COUNTY

During the 2019-2020, the McCreary County Homemakers:

- Made rolled beeswax candles.
- Hosted a hydrotherapy class.
- Made ribbons.
- Painted a bird free handmade bird feeders.
- In April after the shutdown for our April meeting, we had a live stream emergency preparedness class.

June Williams, President
McCreary County Homemakers

PULASKI COUNTY

The Pulaski County Homemakers have been very busy even with all of the restrictions during this time.

- Hosted the Annual Holiday Tasting which raised money that was divided equally among all clubs to do their own projects.
- Providing cookies for International Day at Somerset Community College.
- Taking items for God's Helping Hands.
- Collecting plastic tops for school projects.
- Collecting coupons for the military.
- Donated items and cash to Alzheimer Center
- Donated items, cash and volunteered on days that shipments were received
- Sponsored children from Angel Tree at Christmas Holiday
- Donated items and cash to the AIM Pregnancy Support Center
- Donated cash and items to the Over My Head Homeless Shelter.
- We have lost several members this year and one of our members had started a quilt for a very dear friend so her club finished putting the squares together and quilted and finished the quilt and presented the club to her friend.
- One of our clubs made face masks for several health workers, doctors' offices, and the hospital with one homemaker making over 2,000 herself.
- We also have had clubs calling weekly on check members to see if they needed supplies or needed to be taken to appointments.
- Sent a representative to the KEHA Leadership Academy.

Sheilah Childers, President
Pulaski County Homemakers

Edith Lovett, FCS Agent
Pulaski County Extension Service

RUSSELL COUNTY

- Conducted a 4-H Sewing Camp and an adult sewing class
- The Quilt Guild donated 21 quilts to Children's Advocacy and Pregnancy Center; hosted its first Quilt Show at Russell County Middle School; traveled to Whittles Fabric and had lunch in Glasgow; donated 22 quilts to the Children's Advocacy Center; partnered with new library to donate 3 quilts this year to promote reading; made and donated 40+ masks to UK Children's Hospital and 50+ masks to the Children's Advocacy Center
- Hosted Leadership Training in Russell County.
- Attended the Monticello Quilt Show
- Homemakers on the Go Club traveled to Greensburg for lunch at Longhunters and Antique Shopping and to Campbellsville Paint and Party.
- Homemakers on the Go Lesson held classes on covering a Composition Book; painting/staining/decorating barrelheads; and painting on a brick paver
- Held a Homemakers Management and Safety Day.
- Attended a luncheon hosted by Russell Extension staff for county Homemakers
- Sent two representatives to Jabez Master Clothing Volunteer Training
- Held a Barn Quilt Painting class.
- Hosted a Nativity Holiday Display Fundraiser at Russell Ext Office.
- Hosted a Homemakers end-of-year potluck.
- Held a T-shirt fundraiser and a Pampered Chef fundraiser.

Melonie Eubank, President
Russell County Homemakers

Christy Martin, 4-H Youth Development Agent
Russell County Extension Service

TAYLOR COUNTY

- Received the KEHA State Award for *Promoting a Healthy Kentucky*, 1st place award in the Food, Nutrition and Health Program of Work for the No-Sew Blanket for The Cancer Center project
- Received the KEHA State Award for the *Highest Number of Volunteer Hours for 4-H*, 1st place award in the 4-H and Youth Development Program of Work
- Received the KEHA State Award for *Community Volunteerism Award*, 3rd place award in the Leadership Development Program of Work for the No-Sew Blanket for The Cancer Center project
- Received the KEHA State Honorable Mention for contributing more than \$1,000 toward Ovarian Cancer Research
- Received mini-grants from the Lake Cumberland Area Extension Homemakers for the Made and donated more than 2000 face masks and surgical caps to Taylor Regional Hospital and local healthcare facilities
- Made and donated 51 Quilts of Honor to local veterans
- Hosted four American Red Cross blood drives; collecting 110 units
- Made and donated 45 fleece blankets to The Cancer Center of Taylor Regional Hospital
- Made and donated 172 heart-shaped pillows to Taylor Regional Hospital for use by surgical patients
- Made and donated 43 capes for the super hero program at The Center for Courageous Kids in Scottsville, KY
- Provided three high school graduates with \$1,000 scholarships each
- Donated funds to support local Project Graduations; the school Backpack Program; and the KEHA Kentucky Academy in Guyana
- Organized and conducted 11 trips to various points of interest in Kentucky for members for our *Explore Kentucky* passport program
- Collected and mailed coupons for use by US military personnel stationed overseas
- Maintained planting mound at Miller Park
- Sent a representative to the KEHA Leadership Academy
- Donated more than 14,205 volunteer service hours to the community

Sharon Wood, President
Taylor County Homemakers

Pat Hardesty, ANR Agent/FCS Advisor
Taylor County Extension Service

WAYNE COUNTY

- Sponsored two Ovarian Screenings
- Sponsored four Community Blood Drive
- Volunteered at the County Wide Back to School Bash 7-26
- Hosted Homemaker Officer Training and Council Meeting 8-1
- Several Homemaker Volunteers helped with the FFA School Garden Sweet Corn Harvest-
- Volunteered with the County Farm to Fork event
- Participated in the Little Mountains Quilt Show
- Participated in the Scarecrow Trail – 9-23
- Sponsored the KEHA week *The Sun Shines Bright* Photo Contest
- Helped host the International Day at SCC breakfast-10-17
- Hosted the Soup's On fundraiser
- Sponsored Christmas Village 11-16
- Provided desserts for the Military Christmas Dinner
- Offered Locker Hooking Class (in May)
- Homemaker volunteers planted flowers and help with the beautification project in Downtown Monticello (in May)
- Made face coverings for UK Children's Hospital and 300+ face coverings for local school children.

Cindy Sloan, President
Wayne County Homemakers

Debbie Shepherd, FCS Agent
Wayne County Extension Service