

FORT HARROD AREA EXTENSION HOMEMAKERS
PRESIDENT'S REPORT FOR JULY 1, 2019 THROUGH JUNE 30, 2020

By Mattie Catherine Spaulding, Area President

Counties in Fort Harrod Area: Anderson, Boyle, Franklin, Garrard, Jessamine, Mercer, Lincoln, and Woodford.

Fort Harrod Area has worked hard to increase membership and awareness of the Extension Homemakers. Unfortunately, we had a total loss of 9 members for this reporting period.

Dealing with the restrictions of an international pandemic has been very hard on our members but we have learned new ways of reaching others and implemented coping skills. We have not only adhered to the mandates of social distancing, hand sanitizer and masks, we have done our best to see others were also safe by making thousands of face masks.

Being health conscious, we have encouraged and participated in regular check ups, mammograms, ovarian screening, held diabetes screening, blood drives and health fairs. All counties in the Fort Harrod Area received the 100% Ovarian Cancer Award.

We've worked toward Zero Hunger by donating and volunteering at food pantries backpack buddies programs. We've held food preservation classes, planted gardens and held plant and seed swaps. We've had food tastings and food preparation classes.

We worked with 4-H youth, teaching, mentoring and donating to camp. We've tutored in the schools, read to youngsters, taught adulting to teens, and mentored new moms. We provided over 100 capes to Camp Courageous.

We've supported our older population by working with senior centers to meet their needs and gave gift bags and Christmas stockings filled with personal and household items.

We've taught public sessions on managing holiday expenses, evaluating health insurance needs, developing an estate plan for digital assets, downsizing our homes, and cleaning our homes without chemicals, just to name a few.

We've expressed our appreciation to others by hosting appreciation luncheons and receptions for our first responders, held open houses and did community beautification projects.

We've educated ourselves on water saving practices, habitats and plants to attract bees, butterflies and birds. We've held officer and chairman trainings. And encouraged the education of others by offering scholarships.

And we've enjoyed the fellowship of each other with ice cream socials and Homemaker Spirit Week. We were enjoying filling out our passports until late March when our travel was shut down.

We are anxious for restrictions to be lifted so we can return to near normal, and think what we have to offer will be needed more than ever.