

KEHA International Program of Work

2022-2025

Situation:

With our ever-changing world, we are faced with the global challenges of poverty, health, education, economic growth, and climate change. We are going to take a journey around the globe promoting cultural awareness. When examining the GLOBE (G: Goals, L: Learning, O: Opportunities, B: Benefits, E: Eating, Embracing, Environment, and Exchange), we will strive to leave no one behind. As we tackle this joyful task of embracing cultural awareness in our communities and its impact, our journey opens the door to taste, see, hear, feel, laugh, and love by creating a better world.

Focus by Year:

- Year 1: Updates from Ghana and the Philippines to share at 2022 meeting and in newsletters, get member input on new POW to emphasize how to create welcoming communities for people moving from other countries.
- Year 2: Healthy Eating Around the World
- Year 3: Creating Welcoming Communities

Goal(s):

1. Promote culturally representative programs to help KEHA members have a better understanding of people who live in other parts of the world.
2. Promote culturally representative programs to help KEHA members have a better understanding of people moving into Kentucky communities from other countries.

Objectives:

- Provide KEHA members with updates on the work they support in other countries where we have continued relationships around the world.
- Solicit input from KEHA members about the new International Program of Work.
- Support the Creating Welcoming Communities leader lesson and International Mini-Grant opportunities across the state.

Activities:

- Host chair training at KEHA State Meeting
- International learning session proposals for KEHA State Meeting
- Contribute newsletter updates with photos for statewide distribution
- Promote ACWW 31st Triennial Conference in Ottawa, Canada, April 24-May 5, 2026.
- Homemaker Exchange Program, Travel to Ghana or the Philippines

Lessons:

2022-23: Updates from Ghana and the Philippines to share at 2022 meeting and in newsletters, get member input on new POW to emphasize how to create welcoming communities for people moving from other countries.

2023-24: Healthy Eating Around the World

We'll take a trip around the globe to learn about dietary recommendations from other countries. Along the way, we'll learn about new foods and ways of eating. As we arrive back in the U.S., we'll reflect on what we learned and see how advice about a healthy diet is remarkably similar, no matter where on Earth we live. This lesson includes a facilitator guide, publication ([FCS3-631](#)), training slides, leader lesson letter, activities, marketing pieces, and an evaluation. This lesson is part of the International Program of Work for 2022-2025.

2024-25: Creating Welcoming Communities

All societies experience shifts in culture and modern America is no exception. Have you wished to be more confident in navigating unfamiliar cultural experiences? With this lesson, become a more prepared community volunteer by understanding how culture makes all of us unique. We will examine our own culture, understand culturally related strengths of both ourselves and of others, and gain an understanding of oppressive experiences and their effects. As we seek to build a stronger Kentucky, KEHA volunteers can lead the way in making the state more welcoming to all newcomers in the Commonwealth. This lesson includes a facilitator's guide, publication, PowerPoint, activities, and evaluation. This lesson is part of the International Program of Work for 2022-2025.

Contests and Awards:

- International Mini Grants: Creating Welcoming Communities
- International Projects and Programs Contest
- Most Coins Collected Award:
 - Coins for Change
 - Kentucky Academy/Ghana Library