

Area President Annual Reports

Presented at KEHA Fall 2024 Board Meeting

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Purchase Area Annual Report

Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Marshall, and McCracken send "Greetings" from the Purchase Area. Disasters in our area have brought out the best qualities, courage, and strength to help others as homemakers. Time is never wasted when you use it to create a better environment for your family and others.

1. Acknowledged and supported the First Responders
2. Contributed to Ovarian Cancer Research Project
3. Quilt square to State meeting
4. Worked the session doors on Wednesday at KEHA State meeting.
5. Donated coats for kids in our area
6. Supported and paid for several students to attend 4-H Camp. Calloway County donated money to Calloway 4-H for t-shirts. Many members participated in 4-H activities teaching sewing, public speaking and cooking.
7. Many scholarships were given to students from several counties and contributed to Project Graduation
8. Money was donated to Falcon Academy for high school students to get free college credits before graduating high school. Less fortunate graduates have the ability to change their life and start a college education or a crafted skill.
9. Nigerian lunch and cultural sharing, cook and speaker from local community college.
10. Holiday Foods Tasting Gala (yearly). Event limited to 150 with 30-35 recipes prepared for Homemakers and community members.
11. Annual Christmas Bazaar/Bake Sale, Annual Christmas Tour of Homes and spring yard/bake sale.
12. Hosted and worked Red Cross Blood Drive every six weeks.
13. Several members on the State KEHA choir.
14. Decorated for Christmas and Santa Claus breakfast at the Extension Office.
15. Back-to-School events.
16. Handmade 250 cards monthly to put in meals from Marcella's Kitchen delivered to shut-ins. 3,000 cards total.
17. Sponsored Community Bingo in the park including 100 prizes and refreshments.
18. Homemaker week newspaper coverage and displays at local libraries.
19. Children's Art Center month long room of displays where clubs participated.
20. Placed new flags at County Courthouse.
21. Sent cards to county Veterans and nursing homes.
22. Filled Blessing Boxes and helped with Food Bank.
23. Money donated to school for some students to have Christmas.
24. Delivered platters of homemade goodies, fruit, breads, dip and nuts to workers at KY State Road Department, Fulton County Road Department, Fulton Electric, Hickman Electric, Gibson Electric Warehouses, Ambulance Service and Fire Departments.
25. Day and night crafts are active.
26. New clubs have been established, and members are growing.
27. Donated 22 quilts to cancer patients.
28. Members working on after school projects teaching sewing and cooking.
29. Taste of Graves County served food to community members. Ticket sales exceeded from 125 to 200.

30. Graves County has been celebrating “Haunted Graves” for the past few years. Members participated in the library Scarecrow display where groups provide a themed scarecrow which are displayed with the library’s garden. Another way is “Storywalk” where children dress up in their Halloween costumes and walk through various stations at the Extension Office parking lot. A page of an appropriate Halloween book is set up at each station along with candy.
31. Lois Pressgrove came and talked about her experience of having an emergency. Information cards were given just like she had on the day of her accident. She credits the emergency information card for saving her life.
32. Program on Radon and how to detect it was given along with a detector kit, in which the Graves County Health Department provided.
33. Several counties helped with County and State Fairs.

Respectfully submitted,

Sandra Lusk

Purchase Area President

Pennyrile Area Annual Report

2023-2024

Caldwell County: Caldwell County Homemakers donated to Ovarian Cancer fund, the HOPE and COPE family resource centers, and project graduation. In January 2024, homemakers hosted the Souper Bowl of caring and collected 300 non-perishable food items for a local food pantry.

Christian County: Christian County Homemakers continued to sponsor Jr. Homemakers program with PayChek Homeschool program. We provide 2 different programs for 2 hour session. Annual meeting was held May 3 with 65 attending, the speaker was local Historical Museum Director with two 4-H junior homemakers providing the entertainment. Christian County hosted the spring Seminar and cultural arts events as well as setting up a table at the Hopkinsville Christian County Master Gardner Day activities.

Crittenden County: Crittenden Homemakers participated in several passport activities during the year. Homemakers hosed their annual meeting in August and the area meeting in October. Several homemakers attended the Spring Seminar and Cultural Arts display in Christian County. Several homemakers attended the State KEHA meeting in Bowling Green Also, a spring project included painting fire hydrants in town to beautify town.

Hopkins County: Hopkins County Homemakers hosted their annual meeting in May and elected new officers. A 1,000 dollar scholarship was presented to a local student.

Livingston County: Livingston County homemakers participated in several projects including making blankets for deployed National Guard members, providing Christmas stockings for Child Watch, for children removed from their home. Cosmetic bags were made for the Merryman House Domestic Crisis Center for Domestic Violence.

Lyon County: Lyon County Homemakers continue focus on Quilts of Courage Program. They will continue with this program as long as there are Veteran recipients. Two of these veterans have been women.

Muhlenberg County: Muhlenberg homemakers were busy and active including several different special clubs. Included in these were assisting with backpack project, travel groups, book clubs, gardening group as well as game and craft program. Ag day was helped by homemakers as well the county fair. Ovarian Cancer research project is a major recipient of funding from the Homemakers. Muhlenberg County homemakers are one of the largest donors in the state.

Todd County: Todd County homemakers supported the Extension Office by hosting an Ice Cream Social/Shower for the kitchen at the new Todd County Extension Office . Members supplied the kitchen with lots of items along with donations from the council. Individual homemakers donated to building a Legacy fund which supported building items not covered by other funds.

Members raised funds to award a \$1000 scholarship to a Todd Central High School student and sponsored FCS award for a graduating senior.

GREEN RIVER AREA PRESIDENT REPORT

BY MECHELE ARNOLD 2023-2024

Covering the counties of Daviess, Hancock, Henderson, McLean, Ohio, Union, and Webster

Out of these seven counties Webster is the only one without any homemaker clubs. Our other six counties are thriving. Each county president and club president work hard to keep their members and the communities that they live in engaged and involved. I can't even begin to mention everything these ladies do to keep this report to one page, but here are a few items from each county.

Daviess

- Made pillowcases for Camp Courageous
- Were faithful book club readers
- Sold Pecans for a fund raiser
- Decorated the foyer of the Extension Office

Hancock

- Sent 11 children to 4-H Camp
- Taught 35 children basic sewing skills
- Participated in the Hwy. 60 Yard Sale (all proceeds went towards gifts for residents at the Oaks Personal Care Facility).

Henderson

- Had a booth at the Extension Extravaganza handed out Emergency Cards, offered a free membership for the year.
- Handed out materials at the Senior Expo
- Celebrated KEHA week with "Planting Our Seeds"

McLean

- Hosted the GRA Annual Meeting
- In May GRA was awarded \$500, grant for "Carla's Care Quilts" program was born in McLean County.
- Received 2nd Place Award for Ovarian Cancer

Ohio

- Collected Towels & Washcloths for Camp Courageous.
- Help with AG Days at Luttrell Farms teaching the Fourth Graders about how to grow Pumpkins.
- Christmas Bazaar held at the Extension Office 44 Vendors

Union

- Adopted one of the Nursing Homes in Morganfield they take in pies and serve the residents.
- Make Lap Quilts and send to a Missionary in Haiti
- Personal Hygiene products are taken to the Senior Center

As you can see all our homemakers in every county are extremely busy. I feel very honored to represent the Green River Area and this wonderful, hard-working group of women and men.

Thank You!

LOUISVILLE AREA ANNUAL REPORT

2023-2024

We have dedicated club members who reach the community in various ways.

Helping hands for the young and old.

Here is a glimpse at some efforts from our Homemaker ladies:

Donations of food and funds to Dare to Care via food pantries at Fern Creek/ Highview Ministries , South Louisville \ Shively Ministries, church food drives.

County 4 H scholarship monies and 4 H sewing camp materials and money.

Handmade blankets for Hospice.

10 bed quilts donation for the Camp for Courageous Kids.

Collect Coins for Change.

Gift basket raffle for Sacred Selections which help provide funds for adopting children.

One club hosted an elderly lady luncheon and made gift bags for them.

Volunteered time and Family Services for Brooklawn and Boys Haven in Louisville.

Trash pickup in neighborhood and local parks on their daily walks.

Knitted hats for boys at West Louisville school.

Knitted baby blankets and hats for children.

Knitted water filter loops for Water for Women.

Crocheted hats for the homeless.

Sewed dresses for Hazelwood Elementary School.

Donated to Ovarian Cancer Research project. Money for Hildegard House which provides care for individuals with no family at the end of life.

Collected money for Saint Vincent DePaul - support for those in need.

Bake cookies/ Treats for Troops for Soldiers Angels¹ providing service members deployed morale boosting support.

Money donation for UP which is a recovery program for women.

Lincoln Trail Area President's Report

The eight counties in the Lincoln Trail Area have been busy this year.

We have been taking care of Local Blessing boxes with donations of food and hygiene items. Some are collecting items for the homeless and helping with school supplies.

Each county celebrated International in different ways. One did two lunches with speakers from New Zealand. Some cook from different countries while others bring in souvenirs from foreign countries and talk about customs, dress and other interesting facts.

Cultural Arts Classes are of interest to all counties. The Area and State meeting had a variety of projects. Classes with experienced teachers share their skills to teach others, candle wicking, felt work, painting, quilting, cross stitch and others. Most counties open classes to Homemakers and non-members alike.

Homemakers help at County Fair time by taking in entries, helping judges, working during the fair and helping get ribbons and entries back to the owners.

Many homemakers make blankets for hospitals patients, diapers for babies in third world countries, crochet hats for newborn babies.

New members are always welcome. Clubs tried different ways of increasing their membership.

1. Some offer free summer classes then in September participants can join or continue paying for classes. Classes are varied: planting flowers, art, sewing, candy making, and many others.
2. Others had luncheons or teas.
3. Some groups had days when everyone was invited for lunch and to learn what homemakers are about.
4. Many did Bring a Friend meetings with interesting classes or speaker.

Counties also helped agents with classes, passed out thing at farmers markets, helped with preschool programs to older students. Some were eating good food, trying new vegetables at farmers markets and helping with the Pop Club at Farmers Markets.

To fund programs and scholarships homemaker groups held yard shales, Christmas, Spring and Fall Bazaars, soup suppers, quilt shows, and Bingo Nights.

We as homemakers volunteer with food banks, flower arrangements for special programs. Collecting items for homeless or people in need. Collecting pull tabs for Ronald McDonald House, collecting plastic bottle caps for benches, teaching sewing skills with schools, reading to preschoolers in class or libraries. Visit nursing homes to help with activities or just talk to residents

Lois Pressgrove

Lincoln Trail Area President

Mammoth Cave Area Annual Report

July 2023-June 2024

Respectfully Submitted by Sandra Lennon, MCA President

The Mammoth Cave Area consist of the following ten counties: Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson and Warren. We began the 2024 year with membership of 716.

Besides continuing to host their monthly club meeting, attend county and area meetings. The following are a few of the projects they were a part of:

Held recycling day with a total of 5503 lbs. of newspaper, magazines, tin cans etc. turn in by homemakers with recycling totals for 2023 of 12564.6 pounds. Sewing and quilting workshop, later held annual quilt show with 58 quilts displayed. Holiday silent auction for scholarships made approx. \$1150. Homemakers helped 4 H kids with the Festival of Giving project. Collected personal items for patients at the State Nursing Facility. During homemaker week one county had a different activity for the kids that attend Boys and Girls Club by collecting school supplies, showed had to sew on buttons and repair rips, make chex mix, read to them and made bookmarks, taught them about potting and growing plants. Held Christmas Bazaar selling baked goods and crafts clearing \$6768. . At one meeting over 300 lbs. of food was collected for the homeless also bought \$250 worth of underwear and made personal care kits as well as donating blankets, throws, shoes and socks with one club cooking and feeding the homeless monthly. Started a 12 week Couch Potato Challenge on a journey to feel better. Homemakers helped prepare meals for The Kitchen who feeds the elderly, shut-in, and homeless twice a week. Provided gifts at Halloween and Christmas to Caterpillar Lane Day Care. Partnered with Family Resource Center for Coats and Cocoa. One County helped hide 12000 Easter eggs for the Community Easter Egg Hunt. Helped with a day at the farm and had a health clinic. Worked with High School Program called "truth or consequences" taking freshmen students through real life situations. Also sponsored a Spa Day with a facial salon, hand salon, foot and body salon which drew others besides homemakers. Held a Homemakers Nutrition Luncheon. Quilters club presented Quilts of Valor to twelve veterans at County Veterans Day celebration. Took a fun and educational trip to Mega Caverns to see the Lights Under Louisville display. Built bluebird houses and placed around the town square and in the park. One county assisted over 1000 individuals attending the annual Back to School Bash for clothing drive. Decorated pre-constructed gingerbread houses to donate to Creekwood Nursing and Rehab facility as Christmas decorations. One county made 70 wheel chair and walker pouches. One county's Bean Soup lunch raised \$883 with \$500 donated to Ovarian Cancer and \$383 to Scholarship. Hosted Coffee Hour for Chamber of Commerce Partners. Others donated items to Hospice , Salvation Army, Hope House, Next Step, Center for Courageous Kids, Habitat for Humanity, one club raised on \$15000 for Relay for Life. After an informational/first meeting with a lot of enthusiasm among the ladies, a new club was formed in Butler County and also in Simpson County.

The International nights had focus on: Tanzania after learning about pillow case dresses, 40 dresses were made and send to them; Roaten, Honduras clubs sent school supplies; one served a potluck menu representing Italy, Mexico, and Japan; others chose Belize; South Africa, Ecuador, Thailand, Ukraine where speaker shared experiences of leaving Ukraine during the war.

There were so many other worthwhile projects the Mammoth Cave Area Homemakers participated in but space will not allow. Thankful that all counties now have FCS agents and for their leadership during the past year.

Northern Ky Area Homemakers Association

Counties of: Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen & Pendleton

Provided Funds for Scholarships

Ovarian Cancer, Sip & Paint, Pizza Kits , Restaurant discount cards, Decorated Christmas Tree at Butler, Silent Auction at Annual Meeting, Santa's Castle, Treasure Hunts, Peony Festival, Crafting for the Community, Senior Center Luncheon, Winter Wonderland

Classes offered on: flower arranging, drawing, card making, cricut, quilting, diamond art, Self-care & pampering, survival kits, recycling, Physical Activity for Minda & Body, Mental Health, tote sewing class, scarecrow decoration, making ties, crochet, tea towel applique, basic chocolate class, gardening, iphone/android tips, sustainable gardening, Pre-Civil War Quilt Trail Freedom Secrets, string art, What is Radon, Yeast Bread Basics, Savor Oil, Wreaths from Nature, Charcuterie Board, Macrame Trees, Emergency Cards, Knife Skills, Recipes for Life, Sensational Salads, Buzz about Honey, Laundry Essentials, Holiday Crafts, End of Life Planning, Energy Efficiency, Gingerbread, Meat Me Here, Grinch Painting, fabric ornaments.

For International – Belize, England & Scotland, Berlin Ohio (Amish), Israel

Donations of quilts to: Reset Ministries, St. Elizabeth NIC Unit, Ronald McDonald House, St. Elizabeth Cancer Center, Cincinnati Fisher House, Hospice, KEHA State Meeting (squares), Senior Centers, Nursing Homes, Youth Fair, 4H camp, Ghana Library, Northern & Southern Elementary Schools,

Donations of Cancer Pillows, Cancer Seat Belt Covers, Cancer lap quilts & personal hygiene protection pads, bibs, and colostomy bags, medicine bottles, blood, pillowcases, Christmas ornaments, Gift baskets to shut ins, Blankets for animal shelter,

Activities: taught crafts to children, created Christmas Cards, Crafts and Candies to Nursing Home, Volunteer at food pantry, church & school activities, participated in the working of the fairs, provided entries for the fairs, help with 4H, Ovarian Cancer Screening, Supported the Dolly Parton Library, Adopted a Family at Christmas, Choir, adopted a resident in the nursing home, provided transportation for shut-ins, served in positions in Churches, Farmer's Market, visited Nursing Homes with Holiday gifts, Provided breakfast for Chamber of Commerce (monthly), provided food for Gideon Banquet, KEHA week events, cooking through calendar months, Community markets, Bingocize, poll workers, book clubs, displaying flags on the Ky Veterans Cemetery, funnel cake trailer, Table at the Library's Storywalk, Pretzel & Cheese Dip.

Fun Events: Ladies Just Want To Have Fun, quilt retreats, shopping Historical Lawrenceburg, Laughter Yoga, Yard Sale, Tea Party, Soup & Snowflakes, Christmas Dinner & Parties, Derby Dinner Playhouse, Beach Party, Travel Lunch Bunch, Lunch & Learn with Agent, Chocolate Crawl, Lanthier Winery, Barn Training, Bunco, A Day at the Races, Baseball Games.

Attended the Forum, State Meeting in May, Annual Area Homemakers Meeting

Presented at the State Meeting in May

President's Report
Fort Harrod Area Homemakers
July 1, 2023-June 30, 2024
Leonidisa Mundelius- Area President

Fort Harrod Area Extension Homemakers continued to be active in learning new skills, teaching their skills to others, community leadership and recruiting along the way on top of hosting the 2024 State Meeting "Blazing the Way with KEHA"

Fort Harrod Area offers extra activities and trips to unite its members in 8 counties. A two day event of the Annual Heritage Camp was well attended, where members can choose the craft they can make and take. The two day Area Homemaker trip to Biltmore was well attended and enjoyed by members as well as the Area day trip to Bernheim Forest to celebrate Homemakers Week. We held an officers training. We also have a monthly meeting of presidents to keep the counties connected and to keep the communication flowing.

Anderson County: Supported the Angel Tree, Shop with a Cop and made quilts and pillowcases for Police and Sheriff Cruisers to give to children who were taken from their home. Members participated in Ladies Day Out and participated in Paducah Quilt Show. They also donated funds to Ovarian Cancer Research Fund, Ghana Library and Coins for Change and donated food to Food Pantry. Some members participated in State Fair and won the Best Show.

Boyle County: They started their year with a free picnic in August. Made bags and filled them with necessities for low income families. They collected toys for Salvation Army and Food for Food Pantry. Held several fundraising such as Tasting Party, International Dinner, and Basket Auction and was able to give \$1,000 scholarship to a graduating High School senior and \$2,000 to five local charities. Made lap quilts, pillow cases, fidget quilts for Hospice. 900+ items donated to Food Pantry. Members socializing for pot luck lunches, visits to restaurants and participation in Passport program keep members active physically and mentally. 8000 volunteer hours recorded for the county.

Franklin County: Members help start a new Garden Club and an Adult Cooking Club. They also support the 4-H by helping to judge the 4-H Speeches and Demos. They provided baked goods for Spellapalooza's Bake Sale at Thorn Hill Educational Center as well as having the Children's Holiday Store. Hosted a Day in Frankfort Area trip and attended various area trips. Some members attended the 4-H Volunteer Forum in Lexington as well as the Savor the Flavor Workshop in Danville.

Garrard County: Gained 13 new members and formed a new club this past year. They started the year by having a Recipe Exchange and First Aid Night, where everyone mingle and create their own recipe and create their own first aid kit. Over \$200.00 was raised on their silent auction during the Annual Meeting that goes towards Garrard Co. Homeless Coalition. They also collected 75 blankets for the Kentucky Foster Care System. One Club raised funds during their Themed Basket Silent Auction and sent two 4-H'ers to summer camp and was able to support the Project Graduation. The Cultural Contest and Fair entries by members has doubled since 2022-2023. During the Homemaker's Week the County Judge Executive signed the Proclamation for the Kentucky Homemakers Week in October.

Jessamine County: Started Piece Quilters Club and Garden Club and in turned gained new members. They started the year with a kick off by inviting everyone to the program about the relationship of Kentucky Academy in Ghana and Kentucky Homemakers and the progress of the project. Members raised \$1,500 by putting together baskets of homemade baked goods sold to bank employees and enable a \$750 scholarship to 2 graduating high school seniors. Members continue to practice their sewing skills and made various size pillows for hospice patients. Their agent resigned and they now have a new FCS agent Sara Haag.

Lincoln County: They started their year with a Homemaker's Birthday Party, Officer and Chairperson training in August then membership Drive in September. They celebrate the Homemakers Week in Radio Talk Show, newspaper announcement and window showcase in downtown Stanford, participated the area day trip to Bernheim Forest. Serve Chili Luncheon to Veterans during Veterans Days. Members participated in Ovarian Cancer Tea and Silent Auction fundraising for the research program and raised \$1,000. Members donated toboggan hats and socks to 40 people in the homeless shelter, supported backpack program and place several Blessing Boxes around the Co. One club made 14 quilts for Courageous Kids Camp. Lincoln County received 1st Place for Bee Project in NVON.

Mercer County: The county have 5 active clubs. They had an ice cream social which was attended by 50 members to kick off the year and recruited 5 new members and raffled a quilt and raised \$131 towards the ovarian cancer research. They also give \$500 scholarship to someone who has connection to Mercer Co, Homemakers.

Woodford County: They did an Ice Cream Social to start the year. They also hosted their first Game Night and gained 2 members. Had their Annual Secret Santa Sale, where over 300 local kids go through and shop from items made by the homemakers club members. Members donated to Senior Citizens, Food Pantry, Isaiah House and did charitable work in Tiny House Project. They raised \$900 for backpack Program.

Lake Cumberland Area Activity Report
2023-2024

Greetings from Lake Cumberland Area. Our area is comprised of ten counties. They are Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, & Wayne. At the present time Casey does not have an active group.

We started off the year with training, which was held at 8 of the 10 counties. This not only helped with attendance at the trainings, but also gave me as the new President the opportunity to visit each of their counties and their extension offices. Lake Cumberland Area is blessed with a dedicated group of ladies who put their all into the programs and activities they provide for their community. Following is a list of some of the programs and activities they have been involved in the last year.

*Provided educational programs on improving health, specifically heart disease, breast cancer awareness & nutrition.

*Nursing home outreach (cards, birthday parties, personal care items and making placemats)

*Providing care packages and sending cards to the military

*Donated treats for childhood center students

*Donated scholarships to high school seniors

*Volunteered in extension programs – Recipes for Life, Operation Hometown Christmas & Reality Town.

*Provided books for “Mini Libraries” and supported Dolly’s Imaginary Library

*Assisted with the community baby shower

*Donated money to project graduation

*Provided 4-H camp scholarships

*Participated in the local angel tree program

*Participated in and promoted KEHA week

*Participated in an Alzheimer’s Awareness Story Walk

*Donated socks & shoes to the homeless

*Donated to the backpack program (food for children)

*Donated clothes to Rape/Domestic violence victims

*Donated prom dresses/shoes for those in need

*Made 100 pillows for children of deployed national guardsman.

*Held fundraisers for the Ovarian Cancer program

*Volunteered at the children’s food camp

*Participated in the 4-H sewing program

*Donated lap quilts to the hospice program

*Crocheted & donated caps to newborn infants at the local hospital

*Collected coats, hats, scarves, mittens & other items for “Warm the Children”

*Provided gifts bags for veterans at the local nursing home

*Donated blankets, quilts, snacks, and personal care items for the children’s advocacy center

*Collected food & personal items for the senior center

*Partnered with the local Jaycees to help the Toys for Tots

*Participated in international day for students at a local college and university

*Hosted a blood drive

*Donated blankets to the cancer & dialysis centers

*Held an Identity Theft/Fraud workshop

*Provided items for deployed military troops

*Provided backpacks with personal care items to the local police dept. to be given to the homeless

*Provided & decorated treat bags for the head start children

*Held annual Christmas village & children’s village event.

*Donated Christmas stocking stuffers for seniors

*Provided scholarships for head start leap program

- *Participated in Area Cultural Arts competition
- *Donated items to the county animal shelter
- *Held holiday bazaar (proceeds used as donations to programs in the community)
- *Many attended the KEHA state meeting
- *Donated to Coins for Change
- *Donated quilts to “Courageous Kids”
- *Donated to and oversaw the Quilt Block fundraiser at the State meeting
- *Participated in the passport program
- *Donated shoeboxes to operation Christmas child
- *Participated in Fair exhibits.

This list was just a small sampling of the many activities the ladies of the Lake Cumberland Area are involved in. Along with this list, many of our ladies serve on their FCS advisory board, extension district board, 4-H horse club, and many have leadership roles in their churches and serve on their church councils.

It's an honor for me to serve and work side by side with such a fine group of ladies.

Respectfully submitted,

Mary Lynn Chaudoin
Lake Cumberland Area President

Debbie Messenger
FCS Agent/Advisor
Cumberland County

BLUEGRASS AREA 2023-24 REPORT

July 1, 2023 – June 30, 2024

Report includes Bourbon, Clark, Estill, Fayette, Harrison,
Madison, Nicholas, Powell and Scott Counties.

Bluegrass Area at a glance:

MEMBERS	1607 + Clark
CLUBS	76 clubs
OVARIAN CANCER DONATION	\$1607 + Clark
VOLUNTEER HOURS	
COINS FOR CHANGE	4 counties contributing
FAIR	9 County Fairs (worked, judged, co-ordinated)
CULTURAL ARTS	113 item entered
SCHOLARSHIP \$ (non-4-H)	\$4118
4-H SCHOLARSHIPS	\$2500
INTERNATIONAL MEALS	7 counties
INTERNATIONAL PROJECTS	176 items made
MASTER CLOTHING VOLUNTEERS	22 Certified MCV's
MONTHLY LEADER LESSONS	8 lessons presented to 67 clubs
	Personality Assessment
	Health Literacy for the Win
	Healthy Holiday Meals
	Savor the Flavor - Spices
	Coping w/Trauma After Disaster
	Self-Care & Pampering
	Beginner Meal Planning
	Savor the Flavor - Herbs
OFFICER/CHAIR TRAINING	57 in attendance
FALL FESTIVALS	3 counties
FARMERS MARKET – Assisting	5 counties
JUNIOR HOMEMAKERS CLUB	2 counties
MEN'S HOMEMAKER CLUB	1 county
HOLIDAY FOODS	4 counties
SUPER STAR CHEF Assistants	4 counties
RECIPE FOR LIFE Assistants	3 counties

**Nicholas County hosted the Bluegrass Area Extension Homemakers Meeting
with 160 in attendance.**

Special Projects:

Volunteering at the 4-H Youth Livestock Show & Sale

Fraud Prevention Program

Collaborated in offering Healthy Heart and Stroke Assessment and Women's Health Seminar

Big Blue Book Club

Nutrition Awareness Month – Peter Rabbit

Shop Local Cards

Food Baskets and Backpack programs

Volunteer as 4-H Communications judges

100 bears made and donated to White House Clinic

Cards to military

Quilts to shut ins, veterans and in memorial

Clothing drives

Health Fairs

Beer Cheese Festival – Assisting and judging

Community Holiday Tree Trimming

County Trips:

Evan's Orchard

State Fair

Holiday Extravaganza

Natural Bridge

Quilt Show

Covered Bridges

Blue Licks

**LICKING RIVER AREA REPORT
NOVEMBER 6-7, 2024**

The Licking River Area has been very busy this year with many project and volunteer hours'

Some of the projects various counties have completed are as follow:

Working with food banks, clothing banks, a quarter store, and providing meals for the needy community citizens, backpack projects.

Volunteering lessons, hands on projects, parties, treat bags lap throws, room decorations. Even one club started a Homemakers Club in a assist living facility which has 10 members.

4-H seems to get needed help with one county starting a 4-H Cooking Club, others served as leaders for other club projects. Taught craft workshops for 4-H Camps and also helped with many other camp activities.

Many counties volunteered to help with community projects like decorating cities for various holidays, decorating community Christmas Trees, community parades, volunteered to work at local hospitals.

We had a successful annual meeting in October, with all counties attending and helping.

We grew in membership, volunteer hours our area had over 10 thousand hours, community involvement.. Each county came up with ways to get the word about the work of their homemakers clubs. We gave over 8000 dollars to Ovarian Cancer Research..

We are looking forward to 2025 and are excited about the State Meeting working in what ever role we are assigned.

Submitted by:

Brenda Hamm Past President

Northeast Area Annual Report

2023-2024

Northeast Area consists of nine counties that have an active Extension Homemaker program. The counties included are Boyd, Carter, Floyd, Greenup, Johnson, Lawrence, Magoffin, Martin and Pike.

Northeast Area is Blazing the Way with KEHA by providing its members with opportunities to volunteer, take hands-on classes, attend educational programs, and are given a chance to showcase their talents.

Volunteer and Community Involvement:

Decorated Christmas trees at Greenbo Lake State Park

Made ornaments for Jenny Wiley Lodge Christmas Tree

Decorated the Highland Museum and Discovery Center for Christmas

Sponsored Holiday Happenings and Makers Market

Participated in Trail Days

Collected toys and books for Hopes Place

Held sewing classes at local schools

Helped with Farm and Home Field Day

Assisted with 4-H Fundraisers, scholarships, Reality Store, Parent Expo

Involved with Food Banks, missions, helping Veterans

Raised money to buy Christmas Gifts for nursing home patients

Made adult bibs for area nursing homes, turbans for cancer patients

Made sleeping mats for the homeless and disaster relief

Worked with CDCLC during the 4th of July celebration

Supported plastic lid campaign, collected pop tabs for Ronald McDonald House

Supported Ovarian Cancer Research, hosted lunch for breast cancer survivors

Assisted with the Boyd County Fair

Hands-On Opportunities:

Offered Enrichment Camp at Camp Caleb

Provided craft lessons on embroidery, chicken scratch, resin, diamond art, corn husk flowers, wreath making

Provided classes in quilting, sewing smorgasbord, crochet

Educational and Leadership Opportunities:

Celebrated International Day. Countries covered in the area were Ireland, France, Germany, Mexico, Italy, and Spain.

Attended club, county, area and state meetings.

Attended Wits Workout classes, Cooking through the Calendar, Lunch and Learn lessons

Offered classes on herbs, natural remedies, making cheese, food preservation, cake decorating

Toured Haven of Rest, Echo Valley Vineyard

Attended self-care classes

Provided officer and chairman trainings

Participated in Bib Blue Book Club

Showcase of Talents:

Claudine Williamson won a Purple ribbon at the State meeting.

Homemaking in the Mountains

Participated in cultural arts at the county, area, and state level winning several blue ribbons

Some members helped and participated in their county fairs

Prepared by Cathy Harville, Northeast Area President

Quicksand Area Annual Report

Respectfully submitted, Pam Campbell, Quicksand Area Homemaker President

The Quicksand area includes eight counties: **Breathitt, Lee, Leslie, Letcher, Knott, Owsley, Perry, and Wolfe**. The Quicksand area has 474 homemakers at this time.

The Quicksand area meeting was held on October 24, 2024. It was hosted by the Letcher County Homemakers at the Letcher County Extension Office in Whitesburg, Kentucky. There were 100 in attendance. We were honored to have Brenda Hammons, Kentucky Extension Homemaker President, and Sally Mineer, Extension Specialist for Professional Development for Family Consumer Science to give greetings at the meeting. Also in attendance, was Henrietta Sheffel, the KEHA President-elect. This is the first time the Quicksand Area has someone in this position. The Next Quicksand Area Meeting will be hosted by Perry County Homemakers.

One of the goals that we set for the year was to accomplish more as an area group. We have historically had the Area meeting each year, but members wanted to gather together for work, fun, projects, and sharing of ideas more often. We have tried to turn that goal into reality by adding more group activities, meetings, and communication. We had a homemaker training in Breathitt County this year and had a great turnout. We worked on Robert's Rules of order, phone etiquette, painting/crafts, homemaker bingo, and lunch. We have a leadership training scheduled for December. The agents have started an area newsletter that will now include homemaker information from the area.

Our members have been very busy and we have emphasized recording volunteer hours at every lesson, meeting, or event. Some programs and activities that homemakers are involved in are as follows:

- Shop Hop
- Ovarian Cancer Fundraisers
- Ovarian cancer screenings
- Jr Homemaker Club
- Come Sew With Us
- Spring Picnic
- Holiday Road Show
- Wit Workouts
- Travel the World with Extension
- Hiking for Health
- Diabetes Support
- BingoCize
- Survive and Thrive
- Senior Games
- Passport Challenge
- Lunch and Learn
- Holiday Baking
- Walking Series
- Holiday Baking Self Defense
- Strawberry Freezer Jam
- Sit and Sew
- Holiday Luncheon
- Let's Taco About It
- Charcuterie Board
- Big Blue Book Club
- Drop It like It's Hot

For the upcoming year, the Quicksand area will continue to volunteer, recruit new members, and offer new skills and opportunities for our Homemakers.

Wilderness Trail Presidents Report

July 1, 2023 – June 30, 2024

I am very pleased to provide a synopsis of impressive work of the eight counties that comprise the Wilderness Trail Area, which includes but is not limited to the following:

1. Bell County

Collected pop tabs for the Ronald McDonald house. Presented two \$1000 scholarships to deserving students. Donated school supplies to local schools, donated items to local family resource centers. We are proud to announce 100% participation in the Ovarian Cancer Program.

2. Jackson County

Had 5 days of quilting classes reaching 50+ residents of the county. Donated quilts to the houseless community in Jackson County. Taught 4-H sewing classes and collected funds to ensure that all participants received a sewing machine at the conclusion of class. Volunteered services to collect and raise money for local churches.

3. Clay County Homemakers

- ◆ Clay County Homemakers contributed 100% to the Ovarian Cancer Fund.
- ◆ Clay County Homemakers attend leader's trainings as well as other programs offered through the Extension Office. They serve on the Extension Council, Extension Board and the Family and Consumer Science Council.
- ◆ Made a quilt to donate to local law enforcement for use in comforting children in their time of need.

4. Knox County

Sponsored two youth to attend 4-H camp. Made donations to Knox County Pregnancy Center. Their money will be used to provide material support in the form of clothes, food and other necessities for expectant mothers.

5. Rockcastle County Homemakers

Made donations to 4-H camp scholarships, Kennas Kitchen, Give Hope Ministry and other charities. Their Quail Community Club has provided time and energy to the maintenance of their park and community buildings

6. Laurel County Extension Homemakers

The Laurel County Extension Homemakers had 10 Clubs active this past year with 190 members, 4 traditional clubs and 4 specialty clubs. We were once again 100% in our giving to ovarian cancer research.

The Laurel County Extension Homemakers have been very generous with their time and talents throughout the year. We have made and delivered bags to Ky Honor Flight.

We also participated in KEHA week and spirit week, reaching many with social media posts and grab and go bags promoting Laurel County Extension Homemakers.

7. Harlan County Homemakers

Made and collected numerous items to local organizations and homeless community in our county. Partnered with the KSP to donate clothing, food and products to the homeless in the county.

8. Whitley County Homemakers

Held auctions to raise money for various causes in the community. Made donations to the Ronald McDonald House.

We have received tremendous assistance from our county extension agents and State advisors and have great expectations for the coming year and are thankful for the assistance we have received from state level.

Respectfully Submitted,

Vicky Greenwell

Wilderness Trail Area President