

# **KENTUCKY EXTENSION HOMEMAKERS ASSOCIATION**



89th Annual Meeting  
May 9-11, 2023  
Crowne Plaza  
Louisville, Kentucky

# CHANGES to the 2023 PROGRAM



Please note the following changes, noted in red, have been made. This information should replace the information to be found in the program.

## Tuesday, May 9

3:45 p.m.—5:00 p.m. SEMINARS II

- The Art of Charcuterie.....Elliott  
Julie Hook, KEHA 2nd Vice President
- Vanilla - The Second Most Expensive Spice in the World..... Trimble 2nd fl.  
Diane Mason, Boone County FCS Extension Agent
- What is a Quilt Registry? Why Should You Register Your Quilt? .....Taylor 2nd fl.  
Vickie Coleman, Kentucky Heritage Quilt Society, Museum and Archives Chair;  
Karen Graham, Kentucky Heritage Quilt Society, Historian
- Edible Plants and Flowers in Your Landscape.....Perry  
Rhonella Chaffin, KY Extension Master Gardener
- Home Decor – Creative Summer Kitchen Towels ..... Madison  
Debbie Shepherd, Wayne County FCS Extension Agent; Joy McGinnis, FCS  
Program Assistant
- KEHA Leadership Academy Reunion (past Academy members only)..... Franklin  
Sally Mineer, UK Family and Consumer Sciences Extension, and Ann Porter,  
KEHA State Leadership Development Chair
- Raising Hope Kentucky: Building Connectedness & Community ..Russell 2nd fl.  
Dr. Cheryl Witt, Project Director, Raising Hope KY; Clinical Director, AgriSafe
- Preparing for the Future: Impacts of a Wetter & Warmer Climate ...Shelby 2nd fl.  
Matt Dixon, Senior Meteorologist, UK Ag Weather Center

## Wednesday Food Truck Lunch

New this year, a food truck will be providing a lunch option on Wednesday! The truck will be parked at the convention center entrance and open from 11:30 a.m. to 1:30 p.m. or until the food is gone.

- Everybody Loves Bacon

We would love for you to support our food truck vendor for this special lunch opportunity!



# **KENTUCKY EXTENSION HOMEMAKERS ASSOCIATION**



89th Annual Meeting  
May 9-11, 2023  
Crowne Plaza  
Louisville, Kentucky

# **WELCOME TO LOUISVILLE**

(Times Listed are Eastern Daylight Time)



## Tuesday, May 9

- 8:00 a.m.—10:30 a.m. Trade Show Set-Up ..... Exhibit Hall  
 Basket Raffle & Silent Auction Check-In..... Crowne B&C  
 KEHA Showcase Check-In ..... Crowne B&C
- 8:30 a.m.—11:00 a.m. Cultural Arts Check-In..... Coronet Ballroom  
 8:30 a.m.—Lincoln Trail and Louisville  
 9:00 a.m.—Fort Harrod, Green River, and Northern Kentucky  
 9:30 a.m.—Bluegrass, Licking River, and Mammoth Cave  
 10:00 a.m.—Lake Cumberland, Quicksand, and Wilderness Trail  
 10:30 a.m.—Northeast, Pennyrile, and Purchase
- 8:30 a.m.—11:30 a.m. Quilt Square Auction Check-In..... Crowne B&C
- 9:00 a.m.—5:00 p.m. Registration ..... Registration  
 Voting Delegate Sign-In ..... Registration  
 Quilts for Courageous Kids Collection Point..... Registration
- 10:30 a.m.—5:30 p.m. Trade Show Open..... Exhibit Hall  
 KEHA Merchandise Store..... Exhibit Hall  
 Basket Raffle & Silent Auction ..... Crowne B&C  
 KEHA Showcase..... Crowne B&C
- 11:45 a.m.—1:45 p.m. Opening Luncheon ..... Crowne A

Brenda Hammons, KEHA President, Presiding  
 Inspirational Thought—Henrietta Sheffel, KEHA 1st Vice President

### LUNCH

Greetings and Welcome to the 2023 KEHA State Meeting —  
 Vicky Greenwell, Wilderness Trail Area President

Introduction of Guests—Brenda Hammons

Greetings—Dr. Jennifer Hunter, Assistant Director, Family and Consumer  
 Sciences Extension, UK College of Agriculture, Food and Environment

Introduction of KEHA Past Presidents—Brenda Hammons

Speaker Introduction—Brenda Hammons

Keynote Speaker: Jessica Whitehead  
 Curator of Collections, Kentucky Derby Museum

Ovarian Cancer Fund Presentations  
 Sharon Fields, KEHA Chairman for Food, Nutrition, and Health

### Counties with largest donations per member:

- 1st Place—McLean County  
 2nd Place—Muhlenberg County  
 3rd Place—Taylor County

***Please silence all cell phones and electronic devices during sessions.***

Tuesday, May 9

11:45 a.m.—1:45 p.m. Opening Luncheon Banquet (continued).....Crowne A

Counties with largest overall donations:

- 1st Place—Taylor County
- 2nd Place—Muhlenberg County
- 3rd Place—Mason County

Counties contributing over \$1,000:

- |        |            |        |       |
|--------|------------|--------|-------|
| Barren | Carroll    | Hardin | Mason |
| McLean | Muhlenberg | Taylor |       |

County with largest number of first-time ovarian cancer screening participants:

- 1st Place (tie)—Carlisle County
- 1st Place (tie)—Rowan County
- 2nd Place (tie)—Bourbon County
- 2nd Place (tie)—LaRue County
- 2nd Place (tie)—Magoffin County

Ovarian Cancer Fundraising Contest:

- 1st Place—Pulaski County
- 2nd Place—Mason County
- 3rd Place—Barren County

Presentation to Edward J. Pavlik, Ph.D., Professor, Division of Gynecologic Oncology, University of Kentucky Medical Center

Announcements—Brenda Hammons

OVARIAN CANCER AWARDS

Counties with 100% donations to Ovarian Cancer Research:

<u>Fort Harrod</u>	<u>Licking River</u>	<u>Mammoth Cave</u>	<u>Lake Cumberland</u>	<u>Northern Kentucky</u>
*Anderson	Bath	*Allen	Adair	*Boone
*Boyle	Bracken	*Barren	Clinton	Campbell
*Franklin	Fleming	Butler	Cumberland	*Carroll
Garrard	Lewis	*Edmonson	*Green	Gallatin
*Jessamine	*Mason	*Hart	McCreary	Grant
*Lincoln	*Menifee	Logan	*Pulaski	Kenton
Mercer	Montgomery	Metcalfe	*Taylor	Owen
Woodford	Morgan	Monroe	*Wayne	Pendleton
	Robertson	*Simpson		
	Rowan	*Warren		
<u>Louisville</u>	<u>Lincoln Trail</u>	<u>Bluegrass</u>	<u>Northeast</u>	<u>Green River</u>
Bullitt	Breckinridge	Bourbon	*Boyd	*Davies
Henry	Grayson	Clark	*Floyd	Hancock
*Jefferson	*Hardin	*Fayette	Greenup	Henderson
Oldham	Meade	*Harrison	*Johnson	*McLean
*Shelby	*Nelson	Madison	*Lawrence	Ohio
Spencer	Washington	Nicholas	Magoffin	Union
Trimble		Scott	Pike	Webster

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Tuesday, May 9

11:45 a.m.—1:45 p.m. Opening Luncheon Banquet (continued) .....Crowne A

OVARIAN CANCER AWARDS (continued)

Counties with 100% donations to Ovarian Cancer Research:

(\*Denotes counties with over 100% donations.)

<u>Pennyrite</u>	<u>Purchase</u>	<u>Quicksand</u>	<u>Wilderness Trail</u>
*Caldwell	Ballard	Breathitt	Bell
Christian	Calloway	Knott	Clay
*Crittenden	Carlisle	*Leslie	Harlan
Hopkins	Fulton	*Letcher	Jackson
Livingston	Hickman		Knox
Lyon	Marshall		Laurel
*Muhlenberg	McCracken		Rockcastle
Todd			Whitley

2:00 p.m.—5:30 p.m. Quilt Square Auction Viewing and Bidding ..... Crowne B&C

2:00 p.m.—3:15 p.m. SEMINARS I

Financial Management Before and After a Natural Disaster .....Russell 2nd fl.  
Miranda Bejda, School of Human Environmental Sciences for Dr. Nichole Huff,  
UK Family and Consumer Sciences Extension

The Leadership Academy – What Would I Gain? ..... Trimble 2nd fl.  
Sally Mineer, UK Family and Consumer Sciences Extension, and Ann Porter,  
KEHA State Leadership Development Chair

Who We Are vs. How People See Us ..... Elliott  
Natalie Taul, Grayson County FCS Extension Agent

Herbalicious Cooking ..... Shelby 2nd fl.  
Cindy Williams, Taylor Co. Management & Safety Chair; Kris Fixari, Taylor Co.  
Treasurer; Christie Goodhue, Taylor Co. Family & Individual Development Chair

Edible Plants and Flowers in Your Landscape ..... Perry  
Rhonella Chaffins, KY Extension Master Gardener

Pots - Plants and More ..... Madison  
Lois Pressgrove, KY Extension Master Gardener

Beginning Shuttle Tatting ..... Franklin  
Ellen Long, Crafty Weavers

Native Bees: All the Buzz on Our Busiest Pollinators ..... Taylor 2nd fl.  
Marilyn Watson, KEHA International Chair

3:45 p.m.—5:00 p.m. SEMINARS II

The Art of Charcuterie ..... Elliott  
Julie Hook, KEHA 2nd Vice President

Vanilla - The Second Most Expensive Spice in the World ..... Trimble 2nd fl.  
Diane Mason, Boone County FCS Extension Agent

What is a Quilt Registry? Why Should You Register Your Quilt? ..... Taylor 2nd fl.  
Vickie Coleman, Kentucky Heritage Quilt Society, Museum and Archives Chair;  
Karen Graham, Kentucky Heritage Quilt Society, Historian

Edible Plants and Flowers in Your Landscape ..... Shelby 2nd fl.  
Rhonella Chaffins, KY Extension Master Gardener

Home Decor – Creative Summer Kitchen Towels ..... Madison  
Debbie Shepherd, Wayne County FCS Extension Agent; Joy McGinnis, FCS  
Program Assistant

Tuesday, May 9

3:45 p.m.—5:00 p.m. SEMINARS II (continued)

KEHA Leadership Academy Reunion (past Academy members only)..... Franklin Sally Mineer, UK Family and Consumer Sciences Extension, and Ann Porter, KEHA State Leadership Development Chair  
Raising Hope Kentucky: Building Connectedness & Community.. Russell 2nd fl. Dr. Cheryl Witt, Project Director, Raising Hope KY; Clinical Director, AgriSafe  
Preparing for the Future: Impacts of a Wetter & Warmer Climate ..... Perry Matt Dixon, Senior Meteorologist, UK Ag Weather Center

5:15 p.m.—6:15 p.m. Hands-On Creative Classes—Session 1

**Let's Make Soap**..... Grant  
Swedish Weaving Embroidery ..... Shelby 2nd fl.  
Flower Pounding Craft ..... Perry  
English Paper Piecing ..... Madison  
Snackle Box ..... Oldham  
Wilderness Flowers in a Mason Jar ..... Franklin  
Daisy Painting ..... Hancock

*DINNER ON YOUR OWN*

Wednesday, May 10

8:00 a.m.—9:45 a.m. Registration ..... Registration  
Voting Delegate Sign-In ..... Registration

8:00 a.m.—10:00 a.m. Quilt Square Auction, Viewing and Bidding ..... Crowne B&C  
Basket Raffle & Silent Auction Open ..... Crowne B&C  
Homemaker Showcase Open ..... Crowne B&C  
KEHA Merchandise Store ..... Exhibit Hall

8:00 a.m.—2:30 p.m. Cultural Arts Viewing..... Coronet Ballroom

8:00 a.m.—5:00 p.m. Trade Show Open ..... Exhibit Hall

8:15 a.m.—9:30 a.m. SEMINARS III

Wardrobe Accessories: The Finishing Touch ..... Taylor 2nd fl.  
Jeanne Badgett, UK Family and Consumer Sciences Extension

**Stretching Your Dollar: What to Do When the “Ends” Don’t Meet** . Russell 2nd fl.  
Miranda Bejda, School of Human Environmental Sciences for Dr. Nichole Huff, ..  
UK Family and Consumer Sciences Extension

Emergency Health Information (EHI) Cards – Save a Life ..... Elliott  
Lois Pressgrove, Lincoln Trail Area President; Vicky Greenwell, Wilderness Trail Area President; Peggy Tracy, KEHA State Management and Safety Chair

Helpful Tips and Tricks for Online Grocery Shopping ..... Trimble 2nd fl.  
Jeannie Najor, Nutrition Education Program; Brooke Jenkins, Nutrition Education Program; Martha Yount, Nutrition Education Program

Leading 4-H Clubs by Empowering Youth ..... Franklin  
Dr. Isaac Hilpp, UK 4-H Extension

Plan. Eat. Move. For Better Health! ..... Perry  
LaToya Drake, Nutrition Education Program

*Please silence all cell phones and electronic devices during sessions.*

Wednesday, May 10

- 8:15 a.m.—9:30 a.m. SEMINARS III (continued)  
Herbalicious Cooking..... Shelby 2nd fl.  
Cindy Williams, Taylor Co. Management & Safety Chair; Kris Fixari, Taylor Co.  
Treasurer; Christie Goodhue, Taylor Co. Family & Individual Development Chair  
**Robert’s Rules of Order Said What???**..... Madison  
Susan Hansford, KEHA Parliamentarian
- 9:30 a.m.—12:00 p.m. Quilts for Courageous Kids Collection Point (in-person) .. Registration
- 10:00 a.m.—11:30 a.m. Business Meeting ..... Crowne A  
(reserved seating for voting delegates)
- 11:30 a.m.—3:00 p.m. Quilt Square Auction, Viewing & Bidding..... Crowne B&C  
Basket Raffle & Silent Auction Open..... Crowne B&C  
Homemaker Showcase Open..... Crowne B&C  
KEHA Merchandise Store..... Exhibit Hall
- 11:30 a.m.—4:00 p.m. Registration..... Registration
- 11:45 a.m.—1:30 p.m. Master Farm Homemakers Guild Luncheon..... Whitley 2nd fl.  
*OR LUNCH ON YOUR OWN*
- 11:30 a.m.—1:30 p.m. *Food Trucks* ..... *Convention Center Entrance*
- 1:30 p.m.—2:45 p.m. SEMINARS IV  
Homemakers, Take the Lead!..... Elliott  
Cyndy Humble, Lake Cumberland Area President; Alethea Bruzek, Boyle County  
FCS Agent  
Helping Others Navigate Stress After a Disaster ..... Franklin  
Dr. Paul Norrod, UK Family and Consumer Sciences Extension  
**Stretching Your Dollar: What to Do When the “Ends” Don’t Meet** .Russell 2nd fl.  
Miranda Bejda, School of Human Environmental Sciences for Dr. Nichole Huff, ...  
UK Family and Consumer Sciences Extension .....  
Pathways to Wellness: Navigating the People, Places, and Spaces that  
Influence Health ..... Taylor 2nd fl.  
Dr. Courtney Luecking, UK Family and Consumer Sciences Extension; Angela  
Baldauff, Nutrition Education Program; Leslie Workman, UK Family and Consumer  
Sciences Extension and Nutrition Education Program  
Preparing for the Future: Impacts of a Wetter & Warmer Climate . Trimble 2nd fl.  
Matt Dixon, Senior Meteorologist, UK Ag Weather Center  
Plan. Eat. Move. For Better Health!.....Perry  
LaToya Drake, Nutrition Education Program  
How to Get Your Club Noticed - Marketing & Publicity .....Shelby 2nd fl.  
Mindy McCulley, UK Family and Consumer Sciences Extension; Rebecca Clay,  
KEHA State Marketing & Publicity Chair  
KEHA Choir Rehearsal..... Crowne A  
Wendy Hood, KEHA Choir Director and Fort Harrod Area President
- 2:00 p.m.—3:30 p.m. Master Farm Homemaker Guild Business Meeting..... Whitley 2nd fl.



Wednesday, May 10

- 3:30 p.m.—4:30 p.m. Hands-On Creative Classes—Session 2  
    **Let's Make Soap** ..... Grant  
    Swedish Weaving Embroidery ..... Shelby 2nd fl.  
    Flower Pounding Craft ..... Perry  
    English Paper Piecing ..... Madison  
    Snackle Box ..... Oldham  
    Wilderness Flowers in a Mason Jar ..... Franklin  
    Daisy Painting ..... Hancock
- 4:00 p.m.—5:00 p.m. Pick up and Pay: Quilt Square Auction ..... Crowne B&C  
    Pick up and Pay: Silent Auction ..... Crowne B&C  
    Pick up Showcase Displays ..... Crowne B&C
- 4:00 p.m.—5:00 p.m. Cultural Arts Check Out ..... Coronet Ballroom  
    4:00 p.m.—Lake Cumberland, Mammoth Cave, Northeast,  
        Pennyrile, Purchase, Quicksand, Wilderness Trail  
    4:30 p.m.—Bluegrass, Fort Harrod, Green River, Licking River  
        Lincoln Trail, Louisville, Northern Kentucky
- 5:00 p.m.—6:00 p.m. General Session ..... Crowne A  
    Julie Hook, KEHA 2nd Vice President, Presiding  
    Inspirational Thought—Wanda Atha, KEHA Secretary  
    Greetings— Kelly May, KEHA State Advisor  
        Faye Korthaus, President, Kentucky Master Farm Homemakers Guild  
    KEHA Choir Performance  
        Wendy Hood, Fort Harrod Area President and KEHA Choir Director  
        (See listing of choir members on page 18)  
    Cultural Arts—Barb Seiter, KEHA Cultural Arts & Heritage Chairman  
        **Viewer's Choice Winner**  
    KEHA Development Grant and Mini-Grant Presentations—  
        Julie Hook, KEHA 2nd Vice President  
        Development Grants:  
            Nelson County: Aging in Peace  
            Breathitt County: Senior Independence  
            Taylor County: Connecting With the Homeless  
            Hancock County: Jr. Wildcats Craft Club  
            Kenton County: Thank You Kenton County Service Providers  
            Purchase Area: Master Clothing Volunteer Training  
    Announcement of Theme Basket Winners—Donna Settle, Pennyrile Area President  
    Announcements—Julie Hook, KEHA 2nd Vice President  
    DINNER ON YOUR OWN

Thursday, May 12

7:30 a.m.—8:30 a.m. Registration..... Registration

8:00 a.m.—9:15 a.m. OFFICER TRAINING WORKSHOPS

President/President Elect ..... Taylor 2nd fl.  
Brenda Hammons, President  
1st & 2nd Vice President..... Trimble 2nd fl.  
Henrietta Sheffel, 1st Vice President, and Julie Hook, 2nd Vice President  
Treasurer ..... Russell 2nd fl.  
Harlene Welch, Treasurer  
Secretary ..... Shelby 2nd fl.  
Wanda Atha, Secretary

9:45 a.m.—11:00 a.m. EDUCATIONAL CHAIRMEN WORKSHOPS

Environment, Housing and Energy..... Russell 2nd fl.  
Linda Padgett, Chairman, and Hardin Stevens, Advisor  
Food, Nutrition and Health ..... Shelby 2nd fl.  
Sharon Fields, Chairman  
Leadership Development ..... Elliott  
Ann Porter, Chairman, and Sally Mineer, Advisor  
Cultural Arts and Heritage ..... Taylor 2nd fl.  
Barb Seiter, Chairman, and Jeanne Badgett, Advisor  
4-H Youth Development ..... Franklin  
Denise Boebinger, Chairman, and Dr. Isaac Hilpp, Advisor  
International ..... Trimble 2nd fl.  
Marilyn Watson, Chairman, and Leslie Workman, Advisor  
Family and Individual Development ..... Perry  
Dottie Crouch, Chairman  
Management and Safety ..... Madison  
Peggy Tracy, Chairman, and Miranda Bejda for Dr. Nichole Huff, Advisor

Thursday, May 12

11:30 a.m. Awards Luncheon.....Crowne A

Henrietta Sheffel, KEHA 1st Vice President, Presiding

Inspirational Thought—Ann Porter, Leadership Development Chair

Greetings—Dr. Laura Stephenson, Associate Dean and Director,  
Cooperative Extension, UK College of Agriculture, Food and Environment

### LUNCH

AWARDS PRESENTATIONS—KEHA 2023 Awards & Contest Winners

Membership—Julie Hook, 2nd Vice President

*Largest Percentage Membership Increase*

1st Place—McCreary County

2nd Place—Nicholas County

3rd Place—Knox County

*Largest Overall Increase in Membership*

1st Place—Harrison County \*Golden Key Winner

2nd Place—Christian County

3rd Place—Nicholas County

*Increase of 25 or more members*

Bourbon Christian Franklin Hardin Harlan

Harrison Jessamine Nicholas Spencer Taylor Whitley

3-Rs—Keys to Membership Campaign

Five \$100 drawings

*Membership Tenure Recognitions (See page 17)*

Cultural Arts & Heritage—Barb Seiter, State Chairman

*Poetry*

1st Place—Ann Adams, Simpson County

2nd Place—Janet Van Bibber, Greenup County

3rd Place—Frances Peterson, Greenup County

*Memoirs*

1st Place—M.D. Llewellyn, Woodford County

2nd Place—Marie Pitts, Simpson County

3rd Place—Cathy Smith, Meade County

*Short Stories*

1st Place—Monica Lucas, Meade County

2nd Place—P. Diane Shrewsbury, McCracken County

3rd Place—M.D. Llewellyn, Woodford County

*Passport County Winners*

1st Place—Taylor County

2nd Place—Marshall County

3rd Place—Muhlenberg County

Thursday, May 12

11:30 a.m. Awards Luncheon (continued).....Crowne A

4-H Youth Development—Denise Boebinger, State Chairman  
*Most Innovative 4-H/Homemaker Partnership Project*  
Mason County – Life-Size Candy Land Game

*Most Innovative 4-H/Homemaker Community Project*  
Metcalf County – Project Patriot

Most Volunteer Hours with 4-H Award  
1st Place—Barren County  
2nd Place—Mason County  
3rd Place—Harrison County

4-H Camp Scholarship Largest Donation Award  
1st Place—Mason County  
2nd Place—Barren County  
3rd Place—Harrison County

Environment, Housing and Energy—Linda Padgett, State Chairman  
*Adopt-A-Highway Awards*  
1st Place—Bourbon Belles Homemakers, Bourbon County

Food, Nutrition and Health—Sharon Fields, State Chairman  
*Promoting a Healthy Kentucky Contest*  
1st Place—Hardin County  
2nd Place—Bracken County  
3rd Place—Harrison County

International—Marilyn Watson, State Chairman  
*Coins for Change*  
1st Place—Meade County  
2nd Place—Mason County  
3rd Place—Boyle County

*International Projects and Programs*  
1st Place—Madison County  
2nd Place—Barren County

*Kentucky Academy/Ghana Library*  
1st Place—Harrison County  
2nd Place—Hardin County  
3rd Place—Franklin County

*Eco Bricks*  
Pendleton County

Leadership Development—Ann Porter, State Chairman  
*Community Volunteerism Awards*  
1st Place—Fernleaf Extension Homemakers (Mason County)  
2nd Place—Hardin County  
3rd Place—Bracken County

KEHA Member Scholarship- Jessie Triplett, Greenup County

Thursday, May 12

11:30 a.m. Awards Luncheon (continued) .....Crowne A

Leadership Development—Ann Porter, State Chairman  
*Contributions to Evans/Hansen/Weldon Scholarship*

1st Place—Meade County  
2nd Place—Bracken County

*Contributions to Homemaker Member Scholarship*

1st Place—Boyle County  
2nd Place—Barren County  
3rd Place—Meade County

*Volunteer Service Recognitions*

*Top KEHA Hours*

1st Place—Patty Kost, Carroll County  
2nd Place—Julie Hook, Purchase Area  
3rd Place—Lucy Scott, Leslie County

*Top Extension Hours*

1st Place—Faye Bennett, Bullitt County  
2nd Place—Connie Conley, Purchase Area  
3rd Place—Patty Kemper, Carroll County

*Top Community Hours*

1st Place—Angie Baxter, Henry County  
2nd Place—Pearl Cracraft, Mason County  
3rd Place—Joyce McClain, Purchase Area

*Top Personal Hours*

1st Place Edwina Turner, Purchase Area  
2nd Place Brenda Eddington, Bullitt County  
3rd Place Phyllis Wheeler, Purchase Area

Invitation to 2024 State Meeting—May 6-9, 2024

Wendy Hood, Fort Harrod Area President  
Sloan Convention Center and Holiday Inn University Plaza,  
Bowling Green, KY

Recognition of Outgoing Board Members

Brenda Hammons, KEHA President

Installation of Officers & Chairmen

Karen Hill, Past President

Closing Remarks

Reciting of the Creed (See page 20)

Make plans to attend the 2024 KEHA State Meeting  
at Sloan Convention Center  
and Holiday Inn University Plaza in Bowling Green!

May 7-9, 2024  
*Blazing the Way with KEHA*

Fort Harrod will serve as the host area.  
Check the KEHA  
website ([www.keha.org](http://www.keha.org))  
this summer for lodging rates and details.

Regional Extension Directors

Central Region - Natasha Lucas      East Region - Daniel Wilson      West Region - Anna Porter

Area Extension Directors

East 1/2: Jeff Casada	Central 1/2: Lisa Adams	West 1/2: Robert Tashjian
<b>East 3/4: Judi O'Bryan</b>	Central 3/4: Rita Stewart	West 3/4: Matt Fulkerson
East 5/6: Ty Back	Central 5/6: Willie Howard	West 5/6: Jeremy Teal
East 7/8: Raven Ford	Central 7/8: Mike Meyer	West 7/8: Amber Huffman

University of Kentucky Advisors to State Educational Chairmen

Cultural Arts & Heritage	Jeanne Badgett, Senior Extension Associate for Clothing and Textiles
Environment, Housing and Energy	Hardin Stevens, Senior Extension Associate for Family and Consumer Sciences
Family & Individual Development	Amy Kostelic, Associate Extension Professor/Family Life Specialist
Food, Nutrition & Health	Heather Norman-Burgdorf, Assistant Extension Professor/Food & Nutrition Specialist
4-H Youth Development	Isaac Hilpp, Senior Extension Specialist for 4-H Youth Development
International	Janet Mullins, Extension Professor, Department of Dietetics and Human Nutrition & Leslie Workman, Extension Specialist for FCS/NEP
Leadership Development	Sally Mineer, Extension Specialist for Professional Development
Management & Safety	Nichole Huff, Assistant Extension Professor/Family Finance and Resource Management Specialist
Marketing and Public Relations	Mindy McCulley, Extension Specialist for Instructional Support

Kentucky Extension Homemaker Association  
2022-2023 State Board

Officers

President ..... Brenda Hammons, Lincoln County  
1st Vice President for Program ..... Henrietta Sheffel, Breathitt County  
2nd Vice President for Member Resources ..... Julie Hook, Carlisle County  
Secretary ..... Wanda Atha, Franklin County  
Treasurer ..... Harlene Welch, Harrison County

Educational Chairmen

Cultural Arts & Heritage ..... Barb Seiter, Boone County  
Environment, Housing and Energy ..... Linda Padgett, Boone County  
Family & Individual Development ..... Dottie Crouch, Oldham County  
Food, Nutrition & Health ..... Sharon Fields, Greenup County  
4-H Youth Development ..... Denise Boebinger, Franklin County  
International ..... Marilyn Watson, Henderson County  
Leadership Development ..... Ann Porter, Mason County  
Management & Safety ..... Peggy Tracy, Bourbon County  
Marketing and Public Relations Chairman ..... Becky Clay, Johnson County

Area Homemaker Presidents

PURCHASE ..... Nancy Smith, Graves County  
PENNYRILE ..... Donna Settle, Todd County  
GREEN RIVER ..... Mechele Arnold, McLean County  
MAMMOTH CAVE ..... Marie Pitts, Simpson County  
LAKE CUMBERLAND ..... Cyndy Humble, Taylor County  
LINCOLN TRAIL ..... Lois Pressgrove, Nelson County  
LOUISVILLE ..... Kathy Irby, Jefferson County  
NORTHERN KENTUCKY ..... Maryoretto Resing, Kenton County  
FORT HARROD ..... Wendy Hood, Mercer County  
BLUEGRASS ..... Connie Vaughn, Bourbon County  
LICKING RIVER ..... Brenda Hamm, Rowan County  
NORTHEAST ..... Cathy Harville, Pike County  
QUICKSAND ..... Pam Campbell, Owsley County  
WILDERNESS TRAIL ..... Vicky Greenwell, Laurel County

Other (Non-Voting Board Members)

Parliamentarian ..... Susan Hansford, Pulaski County  
Master Farm Homemakers Guild ..... Faye Korthaus, Oldham County  
KEAFCS ..... Natalie Taul, Grayson County  
KEHA Advisor ..... Kelly May  
Assistant Director, Family & Consumer Sciences Extension ..... Dr. Jennifer Hunter

# *KEHA Presidents*

1932-33	* Mrs. Lyda Lynch Hall, Fayette County
1934-35	* Mrs. W.M. Oliver, McCracken County
1936-38	* Mrs. T.M. Johnston, Warren County
1939-41	* Mrs. H.L. Crafton, Henderson County
1941-43	* Mrs. P.W. Adkins, Bell County
1943-45	* Mrs. Ralph Scearce, Shelby County
1945-46	* Mrs. W.E. Nichols, Fayette County
1946-49	* Mrs. W.K. Morris, Christian County
1950-53	* Mrs. Wade Hold, Nelson County
1953-56	* Mrs. R. Matchett, Kenton County
1956-59	* Mrs. Virgil Grayson, Pulaski County
1959-62	* Mrs. Carl Evans, Ballard County
1962-65	* Mrs. Harry J. Braun, Campbell County
1965-68	* Mrs. James T. Brookshire, Breckinridge County
1968-71	* Mrs. Earl Friedly, Scott County
1971-74	* Mrs. Howard Taylor, Harrison County
1974-77	* Mrs. Mitchell Bertram, Barren County
1977-80	* Mrs. Samuel Whitt, Jr., Boyd County
1980-83	* Mrs. James Wallace, Caldwell County
1983-86	* Mrs. M.D. Perkins, Campbell County
1986-89	Mrs. L.E. Moorhead, Bracken County
1989-92	* Helen Palmer, Clark County
1992-95	Jean Davis, Hardin County
1995-98	Velma Koostra, Warren County
1998-2001	* Kathleen Hockersmith, Oldham County
2001-04	* Mabel Harned, Nelson County
2004-07	* René Siria, Franklin County
2007-10	Linda Kaletch, McCracken County
2010-13	Alice Brown, Greenup County
2013-16	Susan Hansford, Pulaski County
2016-17	* Mary Margaret Krahulec, Shelby County
2017-19	Marlene McComas, Grant County
2019-22	Karen Hill, Henderson County
2022-Present	Brenda Hammons, Lincoln County

\* Deceased



## Family & Consumer Sciences Agents by County

Adair – Dylan Gentry	Fulton – Anna McCoy
Allen – vacant	Gallatin – Ronda Rex
Anderson – vacant	Garrard – Kayla Lunsford
Ballard – Sarah Drysdale	Grant – Asa Conkwright
Barren – Jordan Crain	Graves – Denise Wooley
Bath – Alexa Sallie	Grayson – Natalie Taul
Bell – Rebecca Miller	Green – Katelyn Squires
Boone – Diane Mason	Greenup – Lora Pullin
Boone – Elizabeth Evans	Hancock – Lisa Hagman
Bourbon – Kay Denniston	Hancock - Angelia Swihart (KSU)
Boyd – Jacqueline Doucet	Hardin – Dayna Fentress
Boyle – Alethea Bruzek	Hardin - Chandra DeRamus (KSU)
Bracken – Shannon Smith	Harlan – vacant
Breathitt – Stacy Trent	Harrison – Shelley Meyer
Breckinridge – Lynette Allen	Hart – Sonya Carter
Bullitt – Ruth Chowning	Henderson – Amanda Hardy
Butler – vacant	Henry – Krista Perry
Caldwell – Ashley Board	Hickman – vacant
Calloway – Debra Hixon	Hopkins – Amanda Dame
Campbell – Kate Thompson	Jackson – Delaney Eubanks
Campbell – vacant	Jefferson – Carolina Perez
Carlisle – Brooke Hogancamp	Jefferson – Jenie Carter (KSU)
Carroll – Christy Eastwood	Jessamine – Karli Giles
Carter – Whitney Morrow	Johnson – Brenda Cockerham
Casey – vacant	Kenton – Denise Donahue
Christian – Tiffany Bolinger	Kenton – Joan Bowling
Clark – Shonda Johnston	Knott – Lorie Adams
Clay – Emily Boggs	Knox – Kelsee Dewees
Clinton – Christy Nuetzman Stearns	KSU West Regional Center - Megan Treadway
Crittenden – Janeen Tramble	KSU West Regional Center - Kim Harriford
Crittenden - Rebecca Woodall (KSU)	LaRue – Marla Stillwell
Cumberland – Debbie Messenger	Laurel – Lora Davidson
Daviess – Katie Alexander	Lawrence – vacant
Edmonson – vacant	Lee – Laken Campbell
Elliott – vacant	Leslie – Vicki Boggs
Estill – Judy Vaughn	Letcher – Nanette Banks
Fayette – Maranda Brooks	Lewis – <b>Christa O’Cull</b>
Fayette - Caroline McMahan	Lincoln – vacant
Fleming – Katie Fryman	Livingston – Joni Phelps
Floyd – Andrea Slone	Logan – Rachel Hance
Franklin – Carla Carter	Lyon – Angie York
Franklin/Shelby - Kennedy Hannah (KSU)	Madison – Jessica Hunley

## Family & Consumer Sciences Agents by County

Magoffin – Cathy Sparks	Pike – vacant
Marion – Brittany Thomas	Powell – Kendyl Redding
Marshall – Vicki Wynn	Pulaski – Edith Lovett
Martin – Martika McCoy	Robertson – Britney Poe
Mason – Abbigale Gray	Rockcastle – Hazel Jackson
McCracken – Kelly Alsip	Rowan – Peggy Jones
McCreary – Leah VanMeter	Russell – Megan Gullet
McLean – Kelly Bland	Scott – Alivia Faris
Meade – Jennifer Bridge	Shelby – Elizabeth Coots
Menifee – Ailee Lawson	Simpson – Nancy Doyle
Mercer – Tara Duty	Spencer – Beth Maxedon
Metcalfe – Lynn Blankenship	Taylor – vacant
Monroe – vacant	Todd – Jill Harris
Montgomery – Sarah Congleton	Trigg – Shelley Crawford
Morgan – vacant	Trimble – Jane Proctor
Muhlenberg – vacant	Union – vacant
Nelson – Danielle Hagler	Warren – Kristi Shive
Nicholas – Ashley Vice	Washington – Cabrina Buckman
Ohio – Nan Montgomery	Wayne – Deborah Shepherd
Oldham - Heather Toombs	Webster – Natalie Green
Owen – Chelsea Young	Whitley – Linda Burgard
Owsley – vacant	Wolfe – vacant
Pendleton – Kenna Knight	Woodford – vacant
Perry – Kelsey Sebastin	

*Stay in the Loop!!*

Visit the KEHA web page at [www.keha.org](http://www.keha.org).

Like and follow KEHA on Facebook at  
[www.facebook.com/Official KEHA](http://www.facebook.com/OfficialKEHA).

Watch for the monthly KEHA News & Notes on the website.



## KEHA MEMBERSHIP TENURE RECOGNITIONS

### 50 Year Members:

Sharlotte Williams  
Nancy Gibson  
Violet Johnson  
Patricia Thomas  
Elizabeth Gibson  
Lorena Gibson  
Linda Spear  
Louise Veach  
Linda Fryman  
Judy Hill  
Barbara Preston  
Sue Tackett  
Frances Parsons  
Helen Hayes  
Linda Arnett  
Jilda McDavid  
Joy Adkins  
Barb Keeton  
Edith Powell  
Mary Lou Blanton  
Carolyn Burchett  
Marilyn Preston  
Anna Catherine Salyer  
Eva Tucker  
Betty Blue  
Mabel Forman  
Lucy Combest  
Brenda Eddington  
Virginia Crowe  
Elsie Curry  
Mary K. Pasley  
Otella Will  
Evelyn Ballard  
Maxine Shearer  
Marge Whitley

### 50 Year Members

#### (continued):

Betty Jo Smallwood  
Brenna Stam  
Pat Huff  
Jean Holland  
Wanda Gaunce  
Sue Hobbs  
Winona Harris  
Alice Edwards  
Louise Zachary  
Martha Ritchie  
Mary A (Aggie) Fink  
Jeri Hale  
Mary Hannah Benson  
Gwen Mayer  
Phyllis Lowson  
Shirley Fitzpatrick  
Pat Dampier  
Betty Gayle Williams  
Lucy Comberst  
Brenda Eddington  
Violet Johnson  
Beth Crane  
Mary Sue Rudicill  
Virginia Langsdale  
Charlotte Taylor  
Janie Wildon

### 55 Year Members:

JoAnn Hughes  
Lana Hopkins  
Norma Collins  
Peggy Gibson  
Brenda Caudill  
Wilma McMillan  
Carolyn Flaughter

### 60 Year Members:

Jocile Pillow  
Geraldine Eubank  
Trudie Harrison  
Francis Tolliver  
Janey Vanbibber  
Elise Royster  
Anita Stanley  
Lois Hamm  
Mary Lois Hornback  
Rosa Burton  
Mildred Polsgrove

### 65 Year Members:

Pat Fankell  
Janet Buck  
Patsy Smoot  
Gloria Deener  
Pauline Batts

### 70 Year Members:

Mary Lark Allison  
Barbara Bransteher  
Dorothy Butcher  
Minnie McDonald

### 75 Year Members:

Kathryn Cosby  
Lucille Hammond  
Almeda Rea



**2023 KEHA Choir**  
***Directed by: Wendy Hood,***  
***Mercer County***



Wanda Atha	Franklin County
Jean Aull	Breckinridge County
Esther Bailey	Lincoln County
Wanda Burgin	Mercer County
Martha Colley	Christian County
Elizabeth Collins	Franklin County
Denise Dean	Pendleton County
Kathy Diaz	Lincoln County
Brenda Dunn	Grant County
Aggie Fink	Montgomery County
Teresa Goggin	Boyle County
Regina Goodman	Hardin County
Brenda Hammons	Lincoln County
Susan Hansford	Pulaski County
Starlene Harris	Carter County
Wendy Hood	Mercer County
Judy Jackson	Grant County
Donna Johnson	Boone County
Flo McDonald	Pendleton County
Mary McGinty	Mercer County
Louise Moneyhon	Bracken County
Diana Morgan	Grant County
Ann Porter	Mason County
Marilyn Powell	Mercer County
Lois Pressgrove	Nelson County
Jennifer Spriggs	Boone County
Pat Sullivan	Ballard County
Sharon Taylor-Carillo	Simpson County
Cindy Williams	Taylor County
Diane Williams	Menifee County
Bobbie Wray	Ballard County
Louise Zachary	Nicholas County

# Ever Onward

*Winner, National Home Demonstration Council Song Contest,  
September, 1956*

Words by Dorothy D. Bullock of Kentucky and Music by Max Exner

Like the music of a mighty band  
Our voices ring across the land  
Singing of duty nobly done  
While we advance as one!

Onward, ever onward with a strength born of unity  
To our God, our home, and country we will pledge our loyalty

Armed with faith and zeal throughout our days  
**We'll keep the heart of home ablaze**  
Striving for better ways to live  
Living to serve and give!

Onward, ever onward with a strength born of unity  
To our God, our home, and country we will pledge our loyalty

Let us make each home a beacon light  
**To guide our nation's course a-right**  
Spreading with gentle heart and hand  
Peace over all the land!

Onward, ever onward with a strength born of unity  
To our God, our home, and country we will pledge our loyalty



## *Kentucky Homemaker Creed*

I believe in the home as an inspiring and happy center of family life - comfortable and attractive - a place for relaxation and work where pleasures and responsibilities are shared.

I believe in the home and its contribution to community life which reflects the development of the homemaker and the family.

I believe in the homemaker - alert, diligent, in search of better ways of doing ordinary things for the welfare and happiness of the family.

I believe in the homemaker as a community leader responsible for passing on to others mastered skills and knowledge.

I believe in the fellowship that comes through the homemakers organization - the exchange of ideas and the joy of knowledge shared with others, thus broadening our lives and lifting household tasks above the commonplace.

For these opportunities I am grateful.  
I am also thankful for the courage of yesterday,  
the hope of tomorrow,  
**and a growing consciousness of God's love always.**

## *Trade Show Vendors*

*We extend sincerest thanks to all of the vendors  
at our 2023 Trade Show.*

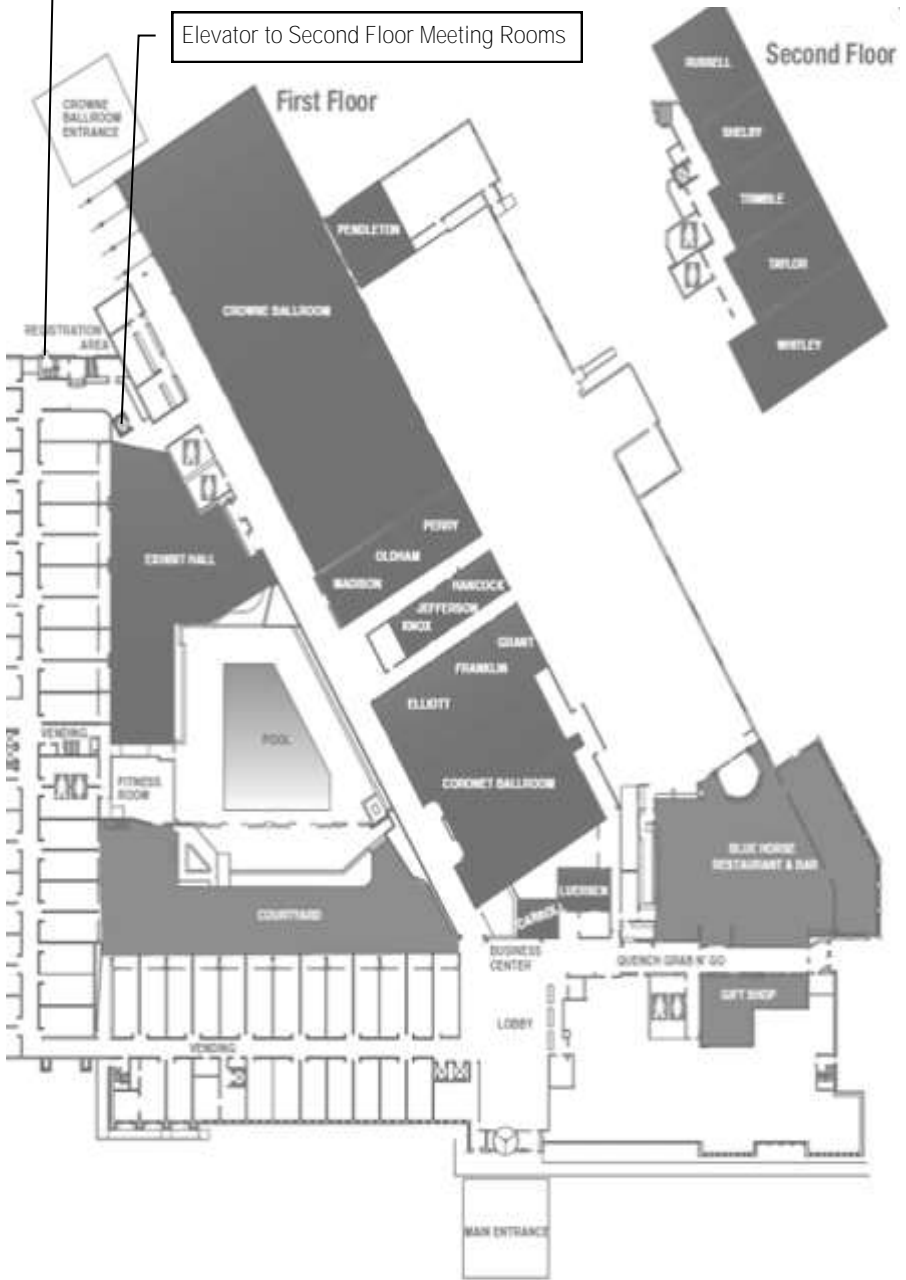
- Kentucky Extension Homemakers Association Merchandise
- Ovarian Awareness of Kentucky (O.A.K.)
- Immacu-10 Cleaner
- Sheila's Sculptured Jewelry
- DMH Inc. Clothing
- Sun Sugar Farms/CRESBI Crates
- Simply Silver, LLC
- Dandelion D Woodworks
- The Silver Lady (jewelry)
- Fabric Shop
- Pink Zebra Boutique
- In The Bag by Stephanie
- Sherry Burton's Books
- Sue's Clothing
- Mary's Magnetic Jewelry and Mary Kay Cosmetics
- Dawn's Enterprise



*A special thank you goes to all those who helped make  
the 2023 KEHA State Meeting a success ~  
to the Wilderness Trail Area Host Committee, and  
Vicky Greenwell, Wilderness Trail Area President;  
to each of the 14 areas for fulfilling  
their assigned responsibilities;  
to the KEHA Executive Committee and Educational Chairmen;  
to the Extension agents, specialists, and all presenters  
of learning sessions;  
and to the KEHA Choir and all of our speakers ~  
thank for you sharing your time and talent.*

Stairs to Second Floor Meeting Rooms

Elevator to Second Floor Meeting Rooms







With 10 as the most favorable rating and 1 as the least, please rate the quality of the overall meeting.

Overall Meeting

1    2    3    4    5    6    7    8    9    10  
*least favorable*                      *neutral*                      *most favorable*

Did you enjoy starting the event with a luncheon? Why or why not?

Did you enjoy having more free time in the evenings/dinner on your own? Why or why not?

Does your county or club pay any of the following expenses for you to attend this meeting? Check all that apply:

- Registration fee
- Hotel room
- Mileage
- Meals
- None – I paid personally

Does your county fundraise to offset the cost of state meeting?

- Yes     No

How many days did you register for/attend?

What is the most important thing offered by KEHA state meeting in your decision to attend?

*(Please continue survey on back)*



What session did you find most beneficial?

Please share one thing you learned that you plan to implement in your club or county.

Is there someone you would like to hear or would recommend as a keynote speaker for next year?

Is there a seminar topic or presenter you would suggest for next year?

Additional Comments:

*Thank you for your input! Please leave completed surveys on the Thursday awards luncheon tables or turn in anytime at registration. Or fill it out online instead using the QR code or this link: [https://uky.az1.qualtrics.com/jfe/form/SV\\_1XIW2ttxtlbWAu](https://uky.az1.qualtrics.com/jfe/form/SV_1XIW2ttxtlbWAu).*

# *Notes*

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