

## 4-H YOUTH DEVELOPMENT

All Educational Program Chairmen are expected to work together to integrate their program of work when possible. This program should address the youth of Kentucky and KEHA's bond with those youth. The State KEHA 4-H Youth Development Chairman attends Kentucky 4-H Council meetings and events. (Usually held in the 2<sup>nd</sup> week of January and July.) The KEHA 4-H Youth Development chairmen at all levels should consider the following when planning the program of work:

- Provide a link between KEHA and Cooperative Extension Service (CES) 4-H Youth Development Program.
- Become knowledgeable and encourage participation in county, district and state 4-H Programs such as:
  - 4-H Public Speaking
  - 4-H Demonstrations
  - County, District, and State Communications Day
  - 4-H Speeches and 4-H Demonstrations Publications
  - 4-H Communication Curriculum
- Encourage KEHA members to serve as 4-H volunteers leaders.
  - Volunteer to judge county, district and state 4-H Communications Competitions.
  - Volunteer to assist in teaching speeches and demonstrations in county clubs and school clubs.
  - Prepare senior level 4-H members in mock interviews.
  - Practice with local, district and state 4-H members in speeches and demonstrations.
- Encourage KEHA Members to be involved with 4-H events such as: judges, sponsors, or coordinators.
- Promote youth membership in KEHA.
- Encourage all KEHA members to be involved in youth activities such as: Project Graduation, family nights, violence prevention, teenage pregnancy prevention, mentoring, tutoring, drug and alcohol prevention.

Note: Specific Program of Work on following pages.

### **KEHA 4-H Youth Development Chairman – 2022-2025**

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**Kentucky Extension Homemakers Association**  
**4-H Youth Development**  
**2023-2026 Program of Work**

KEHA 4-H Program Chair: Denise Boebinger/502-330-1978/dboebinger@me.com

Current Situation

A county's 4-H program is only as strong as the volunteers that support it.

After surveying 4-H agents in 2022 at the beginning of my tenure we found that 65% of the 4-H Agents did not know who their KEHA 4-H educational chairperson was and 68% had never met with any homemakers or county homemaker councils. However, 70% of those 4-H agents saw a need for volunteers and are willing to meet and work with Homemakers.

Our Homemakers are so much more than chefs and seamstresses. They are bankers, beekeepers, lawyers, biologists and much more. The 4-H youth of Kentucky could benefit greatly from our Homemaker's vast knowledge in many areas of expertise.

Connecting the two programs (Homemakers and 4-H) has been an issue in the past.

We will strive to make the partnership between local 4-H programs and homemakers stronger in the next three years. To establish this goal, we need create a communication link between the two programs. This is where the County and Club 4-H Educational Chairpersons duties begin.

Goal:

To provide training/information to 4-H agents about what local homemakers are able to provide to their program/clubs.

Each homemaker will fill out a questionnaire with their background and information on subjects/hobbies they could teach/help with will be collected by the 4-H educational chairs.

By introducing 4-H members to our Homemaker organization, we hope they will naturally progress into homemakers when they age out of 4-H.

ACTIVITIES

Year 1

Making connections and Communications

- Meet with your 4-H agent
- Join your local 4-H Council
- Distribute and collect Homemaker Questionnaire regarding hobbies and expertise
- Start/lead a 4-H Club
- Judge/ Support Communications Contest
- Volunteer to help Country Ham participants with their required speeches.
- Support the Mock Interview program
- Volunteer for project day programs
- Volunteer to meet your local 4-H needs
- Promote 4-H camps

## Year 2

### Heritage Skills

- Meet with 4-H Agent
- Join your Local 4-H Council
- Distribute and collect the Homemaker Questionnaire regarding Hobbies and Expertise
- Review the 4-H state fair classes and work with agent to develop project days
- Promote/lead Multigenerational project days
- Continued club support (organize club based on Homemaker skills/interests)
- Continue Year 1 Communication and Mock Interview Programs
- Promote 4-H Camps

## Year 3

### Healthy Living

- Meet with 4-H Agent
- Join the county 4-H council
- Distribute and collect Homemaker Questionnaire regarding Hobbies and Expertise
- Continued Club Support (Organize club based on Homemaker skills/interests)
- Plan Outings/ Health Connection
- Multi generational hiking/walking club
- Develop/lead Adventure club
- Develop Monthly healthy Cooking days/coordinate with Snap Ed program if available
- Promote 4-H Camps