



CONNECTION

“LEARNING, LEADING, SERVING”



Inside this issue:

- Tours
- Hands On
- Learning Sessions
- Schedule of Events
- Registration
- UK Corner

FROM THE TOP. . . . ALICE BROWN, PRESIDENT

Greetings to all,

By the time you receive this newsletter, we will be two months into 2012. Time is moving fast for all of us so we have “hit the floor running.” My hope for all is that your new year is going great.

2012 is a year of celebration for KEHA. “Happy Anniversary Kentucky Extension Homemakers!!” Yes, this year we will be celebrating our 80th year of KEHA. How exciting! I hope that your club, county or area will decide to celebrate this occasion to share the successes we have made as Extension Homemakers.

As most of you know, to celebrate the 80th anniversary we commissioned artist John Ward to design a print commemorating the many facets of KEHA. The print committee and Executive Board hope you will be as excited as we are when the print is unveiled at our state meeting in May.

This year the KEHA State meeting will be held May 14-17 at the Hyatt Regency Hotel in Lexington. I hope you are making plans to attend. This is always a time of learning, sharing and renewing old friendships from across the state. The planning committee continues working hard to make sure everyone will have a great time.

As with each year, we will again be looking for people to fill positions on the State Board. This year the positions are: President elect, 2nd Vice President, State chairmen for International, Cultural Arts and Heritage and also Family and Individual Development. I know that we have great leaders throughout our organization so I would encourage you to consider one of these positions. It is this leadership that has helped us reach our 80th year as an organization.

We have “come a long way baby” in 80 years. Let us now look forward to the next 80 years with great anticipation of the accomplishments that we as KEHA members can fulfill.

Alice Brown, President



KEHA State Meeting
May 14-17, 2012

*Hyatt Regency &
Lexington
Convention Center*

This issue of *KEHA Connection* shares details about our upcoming KEHA State Meeting. Please read all the information and make plans to attend. Here are a few special notes from the planning committee:

- The Tuesday evening banquet will celebrate our theme, *Tour Kentucky*, and will be a gala affair. Get out that special gown or dress that you have tucked away in the closet and get all glitzy for the evening as *Homemakers Tour Kentucky*.
- We have several great learning sessions planned and feel that we have something that will interest everyone.
- Make your room reservations soon and be sure to ask for the KEHA rate. Contact information is included on the next page.
- We listened to comments from the 2010 meeting in Lexington! This meeting will require less walking as the meeting rooms, exhibits, etc. are closer together!

Make plans now to attend as we celebrate KEHA's 80th anniversary. Looking forward to seeing you in May,

Nancy Broughton, 1st Vice President

*Special thanks to Barbara Brown, Greenup County,
for dedicated and outstanding service for more than 2 full
terms as KEHA State Parliamentarian.*

2012 KEHA State Board Elections

The following positions are slated for election at the KEHA State Meeting:

- ◆ President-Elect
- ◆ 2nd Vice President
- ◆ Cultural Arts & Heritage Chairman
- ◆ Family & Individual Development Chairman
- ◆ International Chairman

The duties for these positions are outlined in the KEHA Bylaws. Nomination forms are located in the KEHA Manual, Appendix Section.

- ⇒ **Credentials should be sent by certified mail to the KEHA Secretary, Brenda Hammons, 110 Vista Court, Stanford, KY 40484.**
- ⇒ **Credentials must be postmarked by April 14, 2012 (thirty days prior to the KEHA Annual Meeting).**

NVON News: Elections & Scarf Order

The National Volunteer Outreach Network (NVON) will be electing a president-elect and CWC vice-chairman during the NVON annual business meeting in July 2012.

The NVON president-elect will serve a one year term beginning January 1, 2013, and will then serve a 3-year term as NVON president beginning January 1, 2014. The CWC Vice-Chairman will serve a 3-year term beginning January 1, 2013. Nominees for either position must have served as a state affiliate officer.

Nomination forms are due by April 20, 2012. Access the form on the KEHA website (www.keha.org).

The 2012 NVON Conference Committee is offering a custom designed silk scarf by special order. The scarf features the NVON logo and abbreviations for all 8 member states. Cost is \$20 plus shipping, and the supply is limited. Access the order form at www.keha.org.

2012 KEHA State Meeting

Lodging Information

The primary hotel is the **Hyatt Regency**. The rates are \$115+tax (1-4 people). Reservations may be made by calling (800) 233-1234 or (859) 253-1234 and requesting the KEHA group rate.

A block of rooms is available at the **Lexington Downtown Hilton**, which is located near the Hyatt and connected by covered pedways. The rate is \$109+tax for 1-4 people and reservations may be made by calling (859) 231-9000 or (877) 539-1648. Request the 'KYHOME' group rate.

2012 KEHA State Meeting Gala Banquet—May 15, 2012 *Celebrating 80 Years of KEHA*

Dinner Music by:

*James Robert Sparks, music major
Morehead State University*

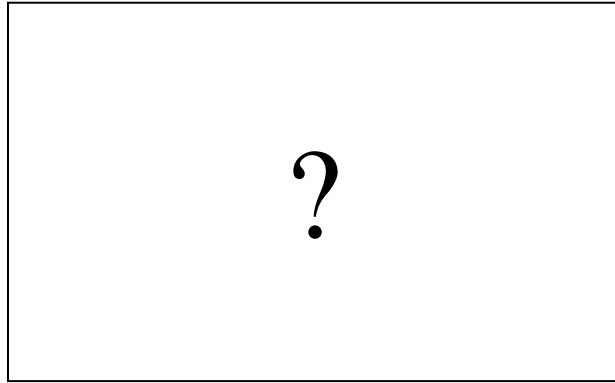
Banquet Entertainment:

*Past N Present Quartet
Bowling Green, Kentucky*

Keynote Speaker:

*Georgia Green Stamper
Kentuckians are Storytellers: Are You
Writing Yours Down?*

Georgia Green Stamper is a seventh generation Kentuckian on both sides of her family tree. A former high school English teacher, theater teacher and speech team coach, Stamper has been writing essays since the late 90's. In 2004, she began writing a regular column for The Owenton News-Herald. In 2006, she became a regular commentator for NPR member station WUKY at the University of Kentucky. Georgia will share from her personal stories and encourage us to treasure our own stories.



KEHA “Reflections” 1932-2012

The KEHA commissioned Mr. John Ward of Mount Sterling to paint the “80th Anniversary” print last May. This beautiful, colorful work of art could fit in any homemaker’s home in Kentucky. The description of the print will be released after it is unveiled at the 2012 KEHA Annual Meeting. The 16” X 20” Artists Proof prints will be titled, signed and numbered and limited in quantity. The prints will be available for the purchase price of \$40.00 which will include sales tax and the protective travel tube. Mr. Ward will also be available (for a limited time at the state meeting) to personalize the prints after they are purchased. The Board will accept checks or cash payments (**No Credit Card Purchases**). Orders will also be taken at the State Meeting for mail delivery. If mailed, the price will be **\$46.00** and will include the cost of the print, protective tube, sales tax, postage and insurance. If you cannot attend the State Meeting and choose to order the print by mail, complete the following form (**Please Print**) and send to the person and address on this form. No mail orders will be processed until after the State Meeting and these orders cannot be personalized. **There will be no phone orders.**

Mrs. Elizabeth Adams, 122 Lancaster Street, Crab Orchard, KY 40484 Phone: 859-319-1479

_____ Phone with area code
Full Name

_____ Street address

_____ City State Zip Code

For Mail Orders: Make Check or money order to: KEHA PRINT

Tours—May 14, 2012

Tour 1—UK HealthCare Albert B. Chandler Hospital and Ovarian Cancer Program—\$8

Depart hotel: 9 am Expected return: 12:30 pm

Minimum: 20 Maximum: 30
The opening of the lobby, concourse, surgery floor and two patient care floors of UK Albert B. Chandler Hospital's new Pavilion A marks a historic milestone in achieving UK HealthCare's mission of meeting the health care needs of Kentucky and beyond. The new centerpiece of UK Chandler Hospital bridges the art and science of medicine, assuring Kentuckians access to the very best advanced subspecialty care. Tour this historic new facility to see first-hand the features that contribute to the healing environment. The tour will also visit the UK Ovarian Cancer Research and Screening Program facilities. KEHA has supported this program for more than 30 years, and the tour will showcase the current facilities. *(Additional information about the new Chandler Hospital Pavilion is available at www.keha.org.)*

Tour 2—UK Arboretum - \$12

Depart hotel: 9:45 am Expected return: 11:30 am

Minimum: 20 Maximum: 35
The UK/Lexington-Fayette Urban County Government Arboretum is the State Botanical Garden of Kentucky. The Arboretum celebrates 100+ acres of year-round color and plants. Your docent-led tour will feature two of the newest additions to the Arboretum, the Kentucky Children's Garden and the Flight 5191 Memorial. The Kentucky Children's Garden is a 1.85 acre outdoor learning environment designed to help children 2-10 years old discover plants and the environment. The memorial features 49 silver birds to commemorate the victims of the 2006 crash of Comair Flight 5191. *(Tour involves outdoor walking.)*



Tour 3—Historic Berea & The Kentucky Artisan Center—\$29

Depart hotel: 10:30 am Expected return: 5:30 pm

Minimum: 25 Maximum: 30
Join your hostesses, Bluegrass Area Extension Homemakers, for a fun filled afternoon in historic Berea, Kentucky's crafting capital. The tour features the Kentucky Artisan Center, a stop in downtown Berea to see Boone Tavern, and shopping in Old Town. Lunch will be at the Artisan Center Café where you may want to indulge in Bourbon Bread Pudding or Derby Pie *(Lunch cost is not included in the tour fee.)*

Tour 4—Georgetown: A Central Kentucky Treasure - \$27

Depart hotel: 1 pm Expected return: 6:30 pm

Minimum: 25 Maximum: 30
This tour features Toyota Motor Manufacturing and Ward Hall- Kentucky's grandest antebellum Greek Revival mansion. At Ward Hall, visitors see every inch of the 12,000 square foot structure that is completely furnished in period antiques. At Toyota, visitors see the plant, which covers 172 acres, in full production.

Tour offerings will be confirmed or cancelled based upon registrations received as of April 7, 2012. Please send your registration early to insure tour participation.

Color photos online at
www.keha.org

Hands On Activities

Monday, May 14, 2012— 4-8 p.m.
Presented by the Bluegrass Area

Each craft limited to the
first 60 registered.

Register for the number of crafts you plan to complete during the 4 hour session.

1. Flower Pot Pincushion—
Create your own unique pin-cushion with flowerpots, fabric & ribbon.
Time: 30 minutes
Cost: \$4.00



5. Cards— Create 3 unique cards that anyone would love in a variety of colors and techniques, including: tea bag fold, brads and dies, torn edgings, coloring or chalking, flocking & embossing.
Time: 2 hours
Cost: \$6.00



9. Papercraft Ornaments—
Make 3 of your choice using paper and beads.
Time: 1 hour
Cost: \$2.00

2. Variegated Silk Pansy Ribbon Pin—
Time: 2 hours
Cost: \$4.00



6. Clip Holder and Calendar—A simple project creates a cute photo/note clip to hold small items. Glue, stamp & color your own design to match your décor. Assortment of stamp images available.
Time: 45 minutes
Cost: \$2.00



10. Crocheted Necklace— Multi-strand necklace made with trellis thread & beads. Must know how to do a crochet chain stitch.
Time: 2 hours
Cost: \$7.00

3. Heart Snowman Pin—
Wear your snowman on your heart next Christmas!
Time: 1 hour
Cost: \$3.00



7. Mini Album—
A cute photo album that starts with a 10x12 piece of cardstock. Add decorated paper, buttons, flowers, bows and more to create a special book to hold up to 9 photos (photos not required).
Time: 1 hour
Cost: \$5.00

4. Scissor Holder—
Protect your scissors with this quick & easy project.
Time: 30 minutes
Cost: \$3.00



8. Stamped Designed Candles— Create your own one of a kind embossed candle.
Time: 30 minutes
Cost: \$3.50

Seminars

Tuesday

Learning Session on the Move

S.KY Blue Solar House—The S.KY Blue Solar House, built by a team of UK students, faculty and staff, received high marks in the Solar Decathlon, a 10-event competition that was held on the National Mall in Washington, D.C. in fall 2009. S.KY Blue placed ninth in the overall competition involving 20 teams, and earned second place honors in the people's choice category. Take a tour of the 800-square-foot solar house that combines energy efficiency and novel design with accessibility. Learn more about the house at: <http://www.uky.edu/solarhouse/>.

Limit: 10 per session

Departures: 8:30 a.m., 9:15 a.m., 10 a.m. & 10:45 a.m.

Tuesday Morning 10:00 – 11:15

Followership: Understanding the Basics of Teamwork

One cannot be a leader without followers—and some would argue that this requirement makes followers just as important as leaders. It is important to understand why and how people follow. In this session, you will learn to:

- Explain the important responsibility followers have in the leader-follower relationship.
- Identify qualities of good followers.
- Distinguish between negative and positive reasons for following a leader.

Presenters: Kris Ricketts, Assistant Extension Professor, Leadership Development; and Melissa Goodman, Hickman County Extension Agent for Family and Consumer Sciences

Maximum: 75 attendees

Introduction to Social Networking

Social networking has exploded as a means to communicate and connect. From Facebook to Twitter to Google+ and beyond, many social networking platforms are available online. This session will provide an introduction to a variety of social networking sites on the internet.

Presenter: Brian Fitzpatrick, Computer Support Specialist, UK School of Human Environmental Sciences

Maximum: 45 attendees

Tuesday Morning 10:00 – 11:15

Take the Guesswork out of Retirement Planning

Regardless of age, single or married, learning to invest your money is important to add financial security to your future. At some point in life, the majority of women will be responsible for their own finances. Typically women have shorter work histories than men, earn less, and have lower rates of participation in employer sponsored retirement plans. Learn strategies to help take the guesswork out of retirement. Topics will include: asset allocation and diversification, building an investment portfolio for retirement, keeping your financial records in order, how to make your money last during retirement, and choosing the right financial professional.

Presenter Jennifer Hunter, Assistant Extension Professor, Family Financial Management
Maximum: 75 attendees

Know Before You Go . . . Travel Safety

Being prepared for any travel makes the trip more enjoyable and safe for everyone. Learn how to complete travel arrangements and be prepared if the unexpected happens.

Presenters: Brooke Jenkins-Howard, Magoffin County Extension Agent for Family and Consumer Sciences; and Sally Mineer, Lewis County Extension Agent for Family and Consumer Sciences
Maximum: 50 attendees

The Changing Landscape of Healthcare in Kentucky: An Update

Kentucky Voices for Health is a coalition of nearly 250 organizations and individuals working to improve Kentuckians' health and health care coverage. In 2010, the group released a publication entitled *The New Health Reform Law: What It Means for Kentuckians*. Since that time, several sessions have been held highlighting this publication. This session will provide an update on the changing landscape of healthcare in Kentucky including Health Care Reform and Medicaid Managed Care.

Presenter: Jodi Mitchell, Executive Director, Kentucky Voices for Health
Maximum: 50 attendees

Seminars

Tuesday Afternoon 3:00-4:15

People Learn with a Purpose

People learn for different purposes. Some common reasons are to gather information to make informed decisions, to learn toward a specific goal or just to increase knowledge. Understanding why and how you learn best is essential, especially if you are trying to teach others. This program will help you to:

- Examine the role of positive emotions in a successful learning experience.
- Evaluate the differences in seven different learning styles.
- Choose different learning activities to enhance specific learner styles for a positive learning environment.

Presenters: Janet Johnson, Allen County Extension Agent for Family and Consumer Sciences, and Jennifer Bridge, Meade County Extension Agent for Family and Consumer Sciences

Maximum: 75 attendees

Basic Digital Photography

Could you use a few pointers and suggestions to know how to better use your digital camera? This session will help you quickly learn how to get the most from your pocket digital camera. Terry will share explanations, hints, tips and tricks to make you more comfortable with your camera. Be sure to bring your camera to the session!

Presenter: Terry Little, Calloway County Extension Homemaker member and Film Burners Club founder

Maximum: 75 attendees

Interior Design 2012

Would you like to know more about current interior design trends? Learn this year's trends, what they mean for you and inspiring ways to use them. Certified Interior Designer, Liz Toombs, will share photos and insider tips for practical application.

Presenter: Liz Toombs, Certified Interior Designer and Owner, Polka Dots and Rosebuds Interior Design and Decorative Painting

Maximum: 75 attendees

Using Facebook

Are you a Facebook regular or someone interested in learning the basics? This session will provide an introduction to Facebook along with tips for using this social media website.

Presenter: Brian Fitzpatrick, Computer Support Specialist, UK School of Human Environmental Sciences

Maximum: 25 attendees

Tuesday Afternoon 3:00-4:15 (cont'd)

Champion Food Volunteers

Have you heard about the Champion Food Volunteer Program? Would you like to learn more about this exciting new Extension program? This session will provide an overview. A Champion Food Volunteer is an advocate for food in every sense of the word. The program provides a foundation of nutrition knowledge; skills and competencies in food safety, handling, and preparation; cooking methods and techniques; food science; physical activity; and research-based food resources.

Presenter: Sandra Bastin, Extension Professor and Interim Chair, Department of Nutrition and Food Science

Maximum: 12 attendees

Couponing 101—Surviving the Economic Crunch

You've heard these arguments: "Coupon clipping and organizing are too complicated and time consuming." or "If I use coupons, I buy things I don't need or want." But, face it, coupons are essentially free money! With a little time, effort and self-control, you can reap substantial savings by using coupons. Learn pointers for finding coupons, tips for getting organized, coupon lingo and coupon etiquette. Bring your unused/not expired coupons for a coupon swap during the session.

Presenter: Gina Noe, Madison County Extension Agent for Family and Consumer Sciences

Maximum: 40 attendees

Support Military Families

Expired coupons (less than 6 months post expiration) and old cell phones will be collected at the **Hospitality Table** during the KEHA State Meeting for distribution to military families.

Operation: Military Hero Packs

Kentucky Operation: Military Kids will collect items for Hero Packs for children of service members. Bring your donations to the KEHA State Meeting (list below).

Backpacks (any size, color)
Stuffed animals
Forever stamps
Photo albums or frames
Exercise item (jump rope, Frisbees)
School supplies
Books for teens and pre-teens
Crafts & travel games
Scrapbooking & stationery items
Pre-paid international calling cards

Seminars

Wednesday Morning 8:00-9:15

The Influence of Personal Characteristics: Personality, Culture and Environment

The foundation of leadership begins with the individual, in that our personal abilities to influence others are effected by our unique personality and the impact of environment and culture. To grow as an effective leader you must understand yourself as well as the differences of personal characteristics in others. In this session you will learn to:

- Differentiate the effect of individual personality characteristics on behavior styles.
- Recognize the influence of personal environmental conditions on learning and development.
- Compare the influences of different cultural beliefs and values on leadership growth and development.

Presenters: Ken Culp, 4-H Youth Development Extension Specialist; and Rosie Allen, Gallatin County Extension Agent for Family and Consumer Sciences
Maximum: 50 attendees

Starting a Photography Club in Homemakers

Starting a photography club can help your Homemakers group expand and diversify while club members become better photographers. It's easier than you think! Learn the potential benefits from a photography club and how to get started.

Presenter: Terry Little, Calloway County Extension Homemaker member and Film Burners Club founder
Maximum: 75 attendees

What's Bugging You? Home & Indoor Pest Basics

Are you concerned about pests in your home? Important indoor pests will be discussed, including bed bugs, pantry pests and spiders, along with up-to-date control strategies for homeowners.

Presenter: Blake Newton, Extension Entomology, University of Kentucky
Maximum: 75 attendees

Medical Recordkeeping

This new series informs consumers about the need for them to keep track of their own medical records as accurate, universal health records are not yet a reality. It provides information on various types of health records and systems of recordkeeping, and helps consumers make wise decisions about how best to protect themselves.

Presenter: Robert Flashman, Extension Professor/ Extension Specialist for Family Resource Management, University of Kentucky.
Maximum: 60 attendees

Wednesday Morning 8:00-9:15

Residential Rain Gardens

As homeowners become more aware stormwater management issues, many are choosing to manage runoff from their homes and businesses with rain gardens. Rain gardens are shallow depressions and serve as landscape features. They can effectively collect and treat stormwater and reduce localized flooding. Rain gardens can be integrated into the existing landscape or be included in the initial landscaping plan. This session will discuss the basics of rain gardens, what a rain garden is, why it is important, and how to select and construct a rain garden.

Presenter: Ashley Osborne, Extension Associate for Environmental and Natural Resource Issues
Maximum: 30 attendees

Operation: Military Comfort

Would you like to use your skills for a military child? Come learn about Kentucky Operation: Military Kids and make a pillow for a child attending a summer military family camp. (All materials provided)

Presenter: Kerri Ashurst, Extension Specialist, Family & Consumer Sciences Extension
Maximum: 25 attendees

Wednesday Afternoon 3:00-4:15

Container Gardening

Learn how to successfully grow beautiful plants in containers. A demonstration will be given on how to put together plant combinations to make the most of small spaces by using containers to raise a vegetable garden or by using them to make a colorful flower display for any outside living area.

Presenter: Lori Bowling, Boyd County Extension Agent for Horticulture
Maximum: 25 attendees **Cost \$5**

Creating UK Plaid Products

Would you like to know more about the UK Plaid project, its history and how student ideas become products? This session will provide background about the official UK Plaid and give you the opportunity to experience the class project that engages students in developing product ideas. Try your hand at designing a product!

Presenter: Scarlett Wesley, Associate Professor, UK Department of Merchandising, Apparel and Textiles
Maximum: 50 attendees

Seminars

Wednesday Afternoon 3:00-4:15 (cont'd)

Understanding and Dealing with Conflict

Conflict is as common as rain. Wherever people come in contact with each other, conflict will arise. Conflict is not always bad. In fact, it may be needed to keep organizations growing. Knowing how to deal with conflict is the key. This program will:

- Recognize that conflict can lead to growth
- Teach how to select the appropriate responses to each situation that will help strengthen the organization
- Develop the skills for effective conflict resolution

Presenters: Kenna Knight, Pendleton County Extension Agent for Family and Consumer Sciences
Maximum: 75 attendees

Where Are Your Important Household Papers?

Tips for Getting Organized

Deciding how to organize your household documents can be a challenge. Get tips, forms, and website information to help you organize your important household papers, such as banking information, mortgage papers, vehicle titles, loan documents, etc.

Presenter: Joanne Bankston, State Extension Specialist for Family Economics and Management, Kentucky State University
Maximum: 30 attendees

Paying for Higher Education

This new series focuses on the value of education beyond high school and its impact on family well-being. Higher education brings increased incomes and less unemployment, but it also has its costs, so it is especially important for students to be certain their education and training lead to the right occupation for their needs and interests. Learn how to help students choose the right school for them and find ways to for pay for it.

Presenter: Robert Flashman, Extension Professor/ Extension Specialist for Family Resource Management, University of Kentucky
Maximum: 60 attendees

Wednesday Afternoon 3:00-4:15 (cont'd)

Beat the Heat, Check the Back Seat

In 2010, at least 49 children in the United States died as a result of hyperthermia from overheating inside an unattended, parked vehicle. These are the most deaths since record keeping began in 1998. Since 1998, 14 Kentucky children have died in hot cars, including three in 2010 and one in 2011. Extension Homemakers have many opportunities to assist with Extension programming in this area. Learn how Extension Homemakers can help raise awareness and provide education about this problem. This session will help KEHA members become aware of the reasons for this problem, with possible solutions. Participants will learn car safety recommendations and the steps to follow when children are left unattended in vehicles. **Beat the Heat, Check the Back Seat** is a partnership with the University of Kentucky Extension Family and Consumer Sciences program and the Louisville office of the National Weather Service.
Presenter: Connee Wheeler, Senior Extension Associate, Family & Consumer Sciences Extension
Maximum: 50 attendees

Bridging the Technological Gap:

Using Technology to Better Communicate with Younger Generations

In order to communicate in today's society, especially with younger generations, it is important to understand the role that technology plays in the communication process. This session will discuss how technology has changed how families communicate, and will suggest ways to bridge the communication gap between generations with the use of technology and social communication mediums (such as video chats, Blogger, Facebook, email, text, etc.).

Presenter: Nichole Huff, Certified Family Life Educator and Doctoral Student, UK Department of Family Sciences
Maximum: 30 attendees



SAVE THE DATE:

ACWW is asking member organizations from around the globe to join together on or around April 29th for *Women Walk the World*.

The event is intended as a fundraiser to support ACWW's work.
Learn more at: www.acww.org.uk/womenwalk.htm.

2012 KEHA ANNUAL STATE MEETING

Hyatt Regency and Lexington Convention Center
 Lexington, Kentucky
 (Times listed are Eastern Daylight Time)



MONDAY, MAY 14

See pages 2 for tour offerings & times

| | | |
|--------------------|---------------------|------------------------|
| 12:00 pm – 8:00 pm | Early Registration | Regency Ballroom Foyer |
| 4 pm – 8 pm | Hands-On Activities | Regency Ballroom |

TUESDAY, MAY 15

| | | |
|---------------------|---|---------------------------|
| 8:00 am – 4:00 pm | Registration | Regency Ballroom Foyer |
| | Voting Delegate Sign-In | Regency Ballroom Foyer |
| 8:00 am – 10:00 am | Silent Auction Check-In | Thoroughbred 3 |
| | Homemaker Showcase Set-Up | Patterson E-G |
| 8:30 am | Learning Session on the Move: S.Ky Blue Solar House | |
| 9:15 am | Learning Session on the Move: S.Ky Blue Solar House | |
| 10:00 am – 5:00 pm | Trade Show Opens | Thoroughbred Pre-Function |
| | KEHA Merchandise Store | Thoroughbred Pre-Function |
| 9:30 am – 12:00 pm | Cultural Arts Check-In | Thoroughbred 1-2 |
| 10:00 am | Learning Session on the Move: S.Ky Blue Solar House | |
| 10:00 am – 11:15 am | Seminars- Session 1 | Hyatt Regency |
| 10:00 am – 4:00 pm | Silent Auction Open | Thoroughbred 3 |
| | Homemaker Showcase Open | Patterson E-G |
| 10:45 am | Learning Session on the Move: S.Ky Blue Solar House | |
| | LUNCH ON YOUR OWN | |
| 1:00 pm – 2:30 pm | Officer Training Sessions | Hyatt Regency |
| 3:00 pm – 4:15 pm | Seminars- Session 2 | Hyatt Regency |
| 6:30 pm | Opening Session Banquet | Patterson A-D |

WEDNESDAY, MAY 16

| | | |
|---------------------|--|---------------------------|
| 7:30 am – 9:00 am | ACWW Breakfast | Kentucky Room |
| 8:00 am – 4:00 pm | Registration | Regency Ballroom Foyer |
| 8:00 am – 9:30 am | Voting Delegate Sign In | Regency Ballroom Foyer |
| 8:00 am – 9:15 am | Seminars- Session 3 | Hyatt Regency |
| 8:00 am – 3:00 pm | Cultural Arts Viewing | Thoroughbred 1-2 |
| | Silent Auction Bidding | Thoroughbred 3 |
| | Homemaker Showcase | Patterson E-G |
| 9:00 am – 5:00 pm | Trade Show | Thoroughbred Pre-Function |
| 9:00 am – 4:00 pm | KEHA Merchandise Store | Thoroughbred Pre-Function |
| 10:00 am – 11:30 am | Business Meeting | Patterson B-D |
| | LUNCH ON YOUR OWN | |
| 1:00 pm – 2:30 pm | Educational Chairmen Training Sessions | Hyatt Regency |
| 2:00 pm – 4:00 pm | Master Farm Homemaker Guild Business Meeting | Hyatt Regency |
| 3:00 pm – 4:15 pm | Seminars- Session 4 | Hyatt Regency |
| 4:00 pm – 5:00 pm | Cultural Arts Check-Out | Thoroughbred 1-2 |
| | Silent Auction Pick-up and Pay | Thoroughbred 3 |
| | Pick Up Showcase Display | Patterson E-G |
| 5:30 pm – 7:00 pm | Master Farm Homemaker Banquet (or dinner on your own) | Kentucky Room |
| 7:30 pm | General Session | Patterson B-D |

THURSDAY, MAY 17

| | | |
|---------|------------------|--------------------|
| 8:00 am | Awards Breakfast | Patterson Ballroom |
|---------|------------------|--------------------|

KEHA STATE ANNUAL MEETING REGISTRATION FORM
"Tour Kentucky" • May 14-17, 2012 • Lexington, Kentucky

Name _____ **Check all that apply:**
 Address _____
 County _____ Special Diet _____
 Phone (____) _____ Email _____

County President UK Specialist
 Area Officer KY/ACWW
 KEHA Board MFH Guild
 Agent 1st Time Attendee
 Member Other
 Voting Delegate for _____ County

Please check the Officer and Chairman trainings you plan to attend

| | |
|--|---|
| Officers Trainings-May 15 1:00-2:30 pm | Educational Chairmen-May 16 1:00-2:30 pm |
| <input type="checkbox"/> President <input type="checkbox"/> Treasurer | <input type="checkbox"/> Cultural Arts & Heritage <input type="checkbox"/> 4-H/Youth Development <input type="checkbox"/> International |
| <input type="checkbox"/> Vice Pres. <input type="checkbox"/> Secretary | <input type="checkbox"/> Management & Safety <input type="checkbox"/> Food, Nutrition & Health <input type="checkbox"/> Leadership Dev. |
| <input type="checkbox"/> (1st & 2nd) | <input type="checkbox"/> Family & Individual Dev. <input type="checkbox"/> Environment, Housing & Energy |

Please select your 1st, 2nd, and 3rd choices with a 1, 2, or 3 for each session

Learning Session on the Move—S.Ky Blue Solar House
Indicate 1st, 2nd & 3rd choice. Limit 10 per session.
 8:30 a.m. 9:15 a.m. 10 a.m. 10:45 a.m.

Session I-Tuesday, May 15, 10:00-11:15 am

Followership: Understanding the Basics of Teamwork
 Introduction to Social Networking
 Take the Guesswork out of Retirement Planning
 Know Before You Go... Travel Safety
 The Changing Landscape of Healthcare in Kentucky

Session II-Tuesday, May 15, 3:00-4:15 pm

People Learn with a Purpose
 Basic Digital Photography
 Interior Design 2012
 Using Facebook
 Champion Food Volunteers
 Couponing 101—Surviving the Economic Crunch

Session III-Wednesday, May 16, 8:00-9:15 am

The Influence of Personal Characteristics
 Starting a Photography Club in Homemakers
 What's Bugging You? Home & Indoor Pest Basics
 Medical Recordkeeping
 Residential Rain Gardens
 Operation: Military Comfort

Session IV-Wednesday, May 16, 3:00-4:15 pm

Container Gardening \$5 cost
 UK Plaid Project
 Understanding and Dealing with Conflict
 Where are Your Important Household Papers?
 Paying for Higher Education
 Beat the Heat: Check the Back Seat
 Bridging the Technological Gap

If you would like to receive confirmation of your registration and session enrollment, please enclose a self-addressed, stamped envelope with your registration.

Any LATE registration forms with a USPS postmark after April 30 will be returned.

REGISTRATION - DUE April 7, 2012

Full- **\$30.00** \$ _____
 One Day - **\$15.00** \$ _____
 Late Fee - **\$15.00** [Strictly enforced]
 (US Postal Mark after April 7) \$ _____

Meals

Tues. Banquet—**\$35** \$ _____
 Wed. ACWW Breakfast—**\$21** \$ _____
 MFH Banquet—**\$31** \$ _____
 Thu. Awards Breakfast—**\$21** \$ _____

Tee Shirts Size ____ Quantity ____ @ **\$10.00** \$ _____

Hands On Sessions

| | | |
|----------------------------------|---------------|-------|
| Flower Pot Pincushion | \$4.00 | _____ |
| Variegated Silk Pansy Ribbon Pin | \$4.00 | _____ |
| Heart Snowman Pin | \$3.00 | _____ |
| Scissor Holder | \$3.00 | _____ |
| Cards | \$6.00 | _____ |
| Clip Holder and Calendar | \$2.00 | _____ |
| Mini Album | \$5.00 | _____ |
| Stamped Designed Candles | \$3.50 | _____ |
| Papercraft Ornaments | \$2.00 | _____ |
| Crocheted Necklace | \$7.00 | _____ |

Learning Session—
Container Gardening **\$5.00** _____

Tours Circle and total

| | | |
|------------------------------------|----------------|----------|
| UK Hospital & Ovarian Cancer Unit | \$8.00 | \$ _____ |
| Arboretum & Children's Garden | \$12.00 | \$ _____ |
| Historic Berea & Ky Artisan Center | \$29.00 | \$ _____ |
| Georgetown: A Central Ky Treasure | \$27.00 | \$ _____ |

OVERALL TOTAL \$ _____

**Mail to: Marena Nelson, KEHA Treasurer,
 961 Stephens Branch Road Martin, Kentucky 41649-7845
 Make checks payable to: KEHA**

FOR KEHA TREASURER USE ONLY:
 Date received: _____ Check number: _____
 Amount: _____

**KENTUCKY
EXTENSION
HOMEMAKERS
ASSOCIATION**

UK Corner—

Happy birthday, KEHA! As you approach the celebration of 80 years as an organization, I hope each of you will take the time to reflect upon your memories from your membership. Sustaining your work to improve the quality of life for Kentuckians through leading, learning and serving for 80 years is a milestone worthy of praise. I look forward to joining you at the 2012 KEHA State Meeting as you celebrate.

In the School of Human Environmental Sciences, the spring semester is off to a busy start. Our student enrollment remains strong, and we are fortunate to have quality faculty and staff dedicated to serving our students. We recently celebrated milestones achieved in 2011, including external grants totaling more than \$3.4 million and 41 refereed journal articles.

In Family and Consumer Sciences Extension, the plan of work process is moving forward at the county level. At the state level, our team of Extension faculty, specialists and associates has been working with agents to provide assistance in this process. We recently unveiled our strategic plan for Family and Consumer Sciences Extension, and I hope you all have an opportunity to review the plan. It is available online at www.ca.uky.edu/hes/fcs. This web page also provides a link to the 2012 Building Strong Families profiles. The profiles share how FCS Extension is making a difference in all 120 counties across the Commonwealth.

If you would like to stay current on news from the School of Human Environmental Sciences, we invite you to visit our website, join us on Facebook, or sign up to receive our new email newsletter. Add your email address to our newsletter list and learn more about these communications at www.ca.uky.edu/hes/joinus.



*Best wishes,
Ann Vail,
Director, School of Human Environmental Sciences and
Assistant Director, Family and Consumer Sciences Extension*